

Instructions and tips

Our award-winning Nitty Gritty Comb is designed to be used on hair which has been coated with either our Nitty Gritty Head Lice Solution or your own regular hair conditioner.

The way the comb works relies on its teeth remaining in very close contact with each hair strand as the comb passes through the hair, of course. And although our MicroSpiral teeth are very close together - for that reason - each one is rounded so that each hair strand is guided gently through the gaps in between them.

We recommend that you make checking with the Nitty Gritty comb part of a regular hair care routine, so that if your child has been infested by a playmate you will be on top of the situation quickly, before the lice have time to and lay eggs and get established in the hair.

Instructions for using the Nitty Gritty NitFree Comb

Before you begin, use a regular comb to remove any tangles. Combing dry hair is ineffective as lice are able to move freely in dry hair.

- Apply Nitty Gritty Head Lice Solution to dry tangle free hair, or any hair conditioner to wet hair and comb through from roots to ends.
- Part the hair into about 4 to 6 sections, depending on hair thickness and length. This may not be necessary on children with very short hair.
- Comb through each section with the Nitty Gritty comb, clearing each section of lice and eggs before you move onto the next.
- After every two or three combings, clear the comb of any lice or eggs (see tips below).
- Pay particular attention to the area close to the scalp, behind the ears and at the nape of the neck, as this is where lice like to lay their eggs.
- Once finished, wash hair if using NItty Gritty Solution, or rinse as normal if using regular hair conditioner.

Tips for cleaning the NItty Gritty NitFree Comb

- An old toothbrush or nail brush is useful for removing and cleaning the lice and eggs from the comb. Just make sure that nobody brushes their teeth, of with it afterwards!
- Another item which is very good for cleaning the comb is one of the little brushes that come with an electric razor.
- And recently a customer told us she had used dental floss to clean between the teeth when she had finished using the comb on the whole family.
- When finished, you can sterilise the comb in boiling water for one minute.
 However, most people don't bother with the boiling as lice can't live for very long once off the human head.