



Garlinge Primary School and Nursery

18th September 2017

Dear Parent/Carer,

The NSPCC's *Speak out, Stay safe* programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, who'll be delivering their ***Speak out, Stay safe*** programme on **Monday 9th October**. This is a nationwide programme for every primary-school-aged child in the UK and has been well received.

"NSPCC has helped me to build the confidence to tell people about my worries and problems." Child's feedback

We will be presenting a Parent Information Session in school on Thursday 21st September at 0900. We will share the resources and content to be discussed with your child/children.

With the help of their friendly mascot Buddy, we'll be presenting an assembly to the children on Monday 9th October as well as a leading workshops for Year 5 on Monday 16th October and Year 6 on Thursday 19th October focussing on the information below.

As a charity, the NSPCC can only provide these vital resources thanks to the financial support and generosity of their supporters. Which is why I am delighted to say that our school has chosen to support the valuable work of the NSPCC by taking part in a fundraising event, and I would really value your support and encouragement. More information on how you can support their work will follow their visit to our school.

What is the *Speak out, Stay safe* programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

"This service provides important information in a child-friendly way – it should be made mandatory in all schools. A brilliant service!" *Teacher, Wistaston Primary.*

If you would like any more information about the NSPCC ***Speak out, Stay safe*** programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools or please come to the [Parent Information Session on Thursday 21st September at 0900.](#)

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/

If you are able to attend the Parent Information Session please complete and return the form below by Tuesday 19th September so we can arrange refreshments!

Yours sincerely,

Anna Northrop

Deputy Headteacher



Garlinge Primary School and Nursery

NSPCC Speak Out, Stay Safe morning

I will be able to attend the NSPCC Speak Out, Stay Safe morning on **Thursday 21st September at 9.00am**

(Your child's name) in class

SignedParent/Carer

Please Print Name.....

Please return your slips to your child class teacher by Tuesday 19th September