



## Garlinge Primary School and Nursery

### PSHCE POLICY

Garlinge Primary School and Nursery is a Rights Respecting School. As part of our commitment to the UN Convention on the Rights of a Child, please find links to the articles throughout this policy. Details of the following Articles can be found on the school website:

*RRSA Articles linked to policy: 4,5,12,13,16,17,19,28,29,34,36 and 42*

#### Rationale

The Personal, Social, Health and Citizenship aspects of school life contribute to the development of a child's individual identity and sense of self-esteem, and to their emotional maturity and readiness to learn. We seek to prepare each child to play a valuable and active role in society, and prepare them for the opportunities, challenges, experiences and responsibilities of adult life.

#### Aims

- To encourage and facilitate children to develop: independence, self-reliance, a positive self-image, consideration, respect, a sense of fairness, responsibility and understanding of their role in society.
- To be aware of, accept, and understand moral codes in society and in the school community.
- To encourage a caring attitude towards and responsibility for the environment.
- To help our pupils understand and manage their feelings.
- To encourage and establish an awareness of the means by which a healthy body and mind is maintained.
- To enable effective interpersonal relationships and develop a caring attitude towards others.

#### Objectives

To enable children to:

- Understand, accept and practice a moral code for living in society.
- Develop and practice social skills in order to interact with, live with, respect and work with others.
- Develop a sense of personal self-esteem and value their own and others specialness and talents.
- Listen to, understand and respect opinions of others
- Develop the necessary skills to become an active and valued citizen.
- Understand and practice personal safety and be aware of the safety of others.
- Understand and practice personal hygiene.
- Understand British Values.

In order to achieve these Garlinge will:

- Ensure that PSHCE is taught in class once a week and cross-curricular links are made where possible.
- Have regular assemblies with a PSHCE theme. These may include outside visitors from charities or the local community; one assembly each week celebrates children's achievements.
- Use a School Council to give children an understanding of the democratic process and a voice within the school.
- Have whole school rules and classroom based rewards to encourage children's moral code and sense of community.
- Provide a residential experience for children in Year 6, which makes an important contribution to the pupils' personal, social, and emotional and citizenship development.

### **How is PSHCE taught at Garlinge?**

The curriculum is delivered using a range of teaching and learning styles. Where possible, links are made to real storybooks so that children can empathise and explore issues. Much emphasis is placed upon active learning, encouraging children to be involved directly in their learning by planning and assessing with them, and also within the school community through the School Council. The Garlinge PSHCE programme of study links closely to the Essex scheme and relevant units from SEAL across both key stages.

### **Teaching and Learning Methods**

A variety of teaching and learning strategies are used to deliver PSHCE which take into account pupils' age, development, understanding and needs. Pupils will work in a safe, secure climate to be able to explore their own and others' attitudes, values and skills.

Through PSHCE, we endeavour to foster the notions of responsibility and empowerment to promote a sense of achievement and to enhance self-confidence. PSHCE education is guided by the values of:

- The development of a trusting relationship between the teacher and the pupils enabling the consideration of sensitive issues to take place
- Collaborative work
- Circle time activities linked into Philosophy
- Opportunities for reflection
- Respect for each genuinely made contribution
- Negotiation
- Empathy
- Self-control
- Tolerance
- A range of active learning skills to develop children's engagement and self-esteem. These include: talk partners, discussion, drama

## **Planning**

Class teachers plan for PSHCE in accordance with the PSHCE curriculum. This is usually done in year groups.

They acknowledge the importance of personalised learning and the need to plan for the range of attainment levels within a class. This is achieved by:

- Setting individual targets based on the assessment approach;
- Setting different tasks within sessions;
- Using resources appropriate to each individual.

## **Assessment**

At Garlinge, teachers integrate effective Assessment for Learning in all areas of the curriculum. In PSHCE, this specifically involves:

- Assessing all children's starting point at the beginning of a unit of work
- Planning learning which builds on children's prior knowledge and shows progression in PSHE learning
- Using self and peer assessment to involve children in understanding their own learning and next steps;

## **Differentiation and Special Needs**

The individuality of the child is of primary importance when delivering the PSHCE curriculum. It is recognised that some children mature and develop at different rates and that as individuals their personal strengths are governed by their characters as well as their learning and experiences. Teaching will recognise and build upon this. All contributions are accepted and valued, and differing opinions listened to.

## **Equal Opportunities**

All pupils regardless of race, ability, gender or social origins are entitled to become rounded and valued members of the school and local community. Teachers will ensure that this aim is achieved through appropriate access and differentiation for all.

## **Links with other policies**

We recognise the clear link between PSHCE and the following policies and staff are aware of the need to refer to these policies when appropriate:

- Sex and Relationship Education
- Teaching and Learning
- Equal Opportunities
- Child Protection
- Behaviour
- Anti-Bullying

### **Training and support for staff**

All staff benefit from PSHCE training in order to enhance their PSHCE delivery skills. Opportunities are provided for staff to identify individual training needs on a yearly basis and relevant support is provided. In addition to this, support for teaching and understanding PSHCE issues is incorporated in our staff INSET programme, drawing on staff expertise and/or a range of external agencies.