

Celebrate your child  
for who they are!



Parents and carers can support and acknowledge children’s emerging values and morals and individual ways of doing things. Parents can teach children the significance of rules and regulations and support them to develop their negotiation skills. Children enjoy sharing their options and using their skills.

Monday	Learn an <a href="#">ancient Egyptian skill</a> – write your name in hieroglyphics, make a sign for your bedroom door or a secret message for a family member. Give them the hieroglyphics sheet to help them decode your message and see if they can write back.
Tuesday	See if you can find some interesting stones and <a href="#">create a stone pet or stone family</a> . You could make a home for them and write a story about their adventures.
Wednesday	Create a garden game with your garden toys and share with your family. See if you can make a different game with the same toys? How many ways can you play? How can you make it harder / easier?
Thursday	Go for a senses walk outside your house or in your garden. Are the sounds and smells different now that the summer has arrived? Remember not to taste anything from your garden without checking with an adult. Can you write a senses poem or draw a senses picture of everything you noticed?
Friday	Have a dilemma challenge – make your own dilemma and discuss with your family. As an example - you visit the shop and buy some sweets with a £10 note. The shopkeeper gives you change for a £20 by mistake. What do you do?
Saturday	Get fit and do some dancing - try out this <a href="#">Dance Monkey Zumba</a> as a whole family.
Sunday	Another busy week! Relaxing is important too – try <a href="#">this guided visualisation</a> . Or take cushions and pillows and make a cosy den in your room or in a shady part of your garden.

### Top Tips:

- Draw up a routine of what you are doing and when.
- Keep cardboard boxes or clean recycling objects to use for arts later.
- The emphasis is to be alongside and have fun, even if they do not win the game or things don't quite go to plan.