



Garlinge Primary School and Nursery

4th February 2021

Dear Parents and Carers,

This week is Children's Mental Health Awareness Week and this year's theme is 'Express Yourself'.

To celebrate this on **Friday 5th February** (tomorrow) we encourage children, **whether they are learning at home or in school as part of our key worker provision**, to wear appropriate clothes of their own choice to express themselves.

Teachers will look forward to seeing your child's choice of clothing on Zoom or in class. You will find further information and activities at: <https://www.childrensmentalhealthweek.org.uk/>

Take Care, Stay Safe

Mrs Northrop and Mr Cope