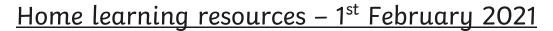




The Gingerbread Man





The following are a collection of resources to support you in this week's home learning. This week we are focusing on the story of The Gingerbread Man. This home learning is in line with what will be being completed at school.



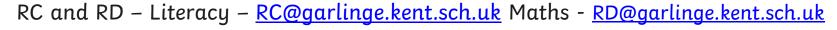
These pages do not need to be printed out unless you wish to, you can simply use them online or to give you an idea of how you can support your child's learning.



Please send pictures to your class teachers / your weekly zoom teacher of all the things you have done! $\ensuremath{\mbox{\odot}}$



RA and RB – Literacy - <u>RA@garlinge.kent.sch.uk</u> Maths - <u>RB@garlinge.kent.sch.uk</u>

















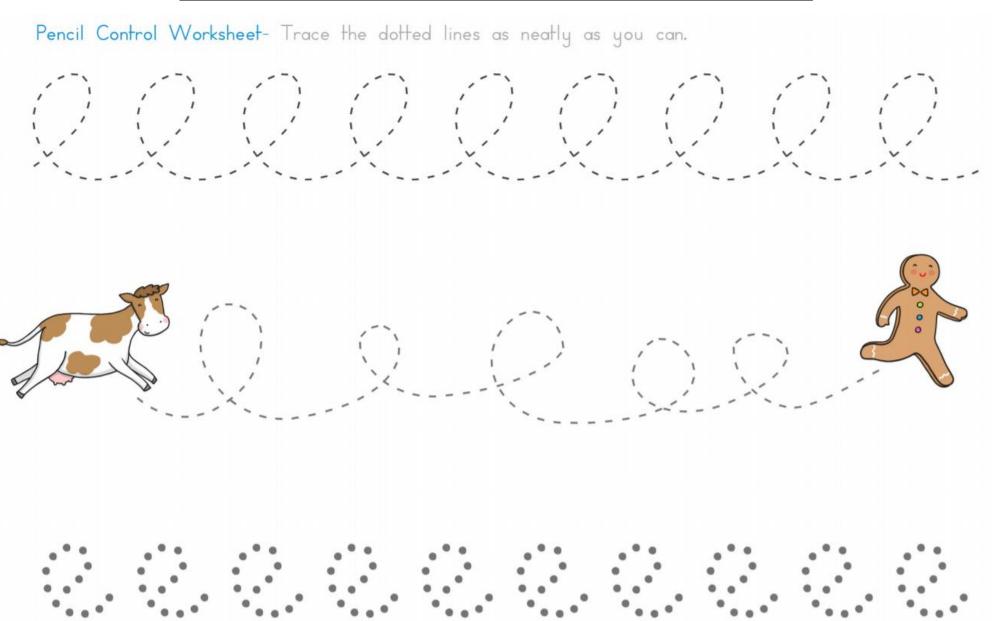






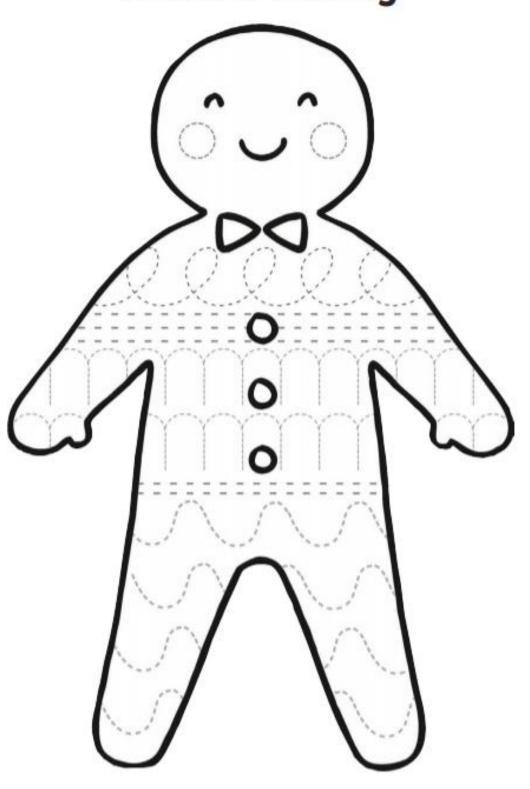








The Gingerbread Man Pattern Tracing







Fizzy's Training Games: Clever Hands

Clever Hands Level One



Level One

A programme complied by Occupational and Physiotherapists.

Advice for parents, carers and education staff.

Children's Assessment Centre Kent & Canterbury Hospital Ethelbert Road, Canterbury, CT1 3NG Phone: 01227 783043 Fax: 01227 783185

www.eastcoastkentpct.nhs.uk

Play-dough

· Can you roll out a sausage?

Fizzy says: "Make sure you use both hands."

 Now can you turn your sausage into a dinosaur by using your
thumb and fire



thumb and first finger to pinch along the top to make spines?

- · Roll it flat and make shapes using cutters.
- Roll a sausage again, can you cut it into piece with a play knife?

Fizzy says: "Try to keep your first finger on the top of the knife and your thumb and the



other fingers either side. Hold your play doh still with you other hand."

 Can you roll it flat again and make a face out of the play-dough?

Pegs (for graded pegs see resource list)

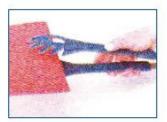
Fizzy says: "Look at the picture, hold the peg this way."

- Peg pegs onto the edge of the box.
- Peg pegs onto a rag doll/teddy.
- Peg pegs onto a T-shirt on a tedd^{*}



Tongs

Fizzy says: "Use one hand on the tongs. You need to hold the tongs with your thumb on one side and your fingers on the other."



- Snap the tongs like a crocodile.
- · Can your crocodile bite the paper?
- Tear and scrunch up paper and pick it up with your tongs.
- · Pick up cotton wool balls.
- · Now try little bricks.

Posting

 Pick up and post coins into a money box.



 Post dried peas / pasta / sugar decorations into a bottle and screw up the lid.

Note:

If you are working with a child who still puts objects



into his/her mouth use edible items, for example, raisins, dried banana chips, 'holey' cereals etc.

Pastry Making

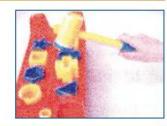
- · Roll the pastry into a ball.
- Flatten it with your hands.
- Cut it into shapes using pastry cutters and shape cutters.

Duplo

Fizzy says: "What can you make?"

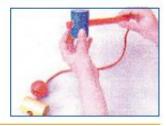
Hammering

 Find toys with which you can use a hammer.



Threading

 Thread large beads onto dowels/sticks.



Hand and Finger Rhymes and Games

- · Two Little Dickie Birds.
- · Twinkle, Little Star.
- · Tommy Thumb.
- · Play games with Finger Puppets.

Musical Instruments

- · Castanets / maracas.
- Keyboards.
- · Toy trumpets / saxophone.

Continued at the back of the leaflet..

- There are three levels to the "Clever Hands Training Games" and this is level one for beginners.
- Play the games in any order until you are good at all of them, before going on to level two.
- The games should be fun and repeated on a regular basis to improve hand dexterity and strength.

(Resource list accompanies this programme)

Feely Games

 Hide everyday objects, for example, teaspoon, cotton wool balls, large beads, little bricks, toothbrush, in a box of sand / rice/ pasta / flour etc.

Fizzy says: "What can you find?"

· Try this game again placing objects into a bag.

Feely Pictures

- Tear up tissue paper.
- Scrunch up the paper using your fingers (as shown in the picture) and glue onto the paper.



You can also use cotton wool, glitter, string, sand and oddments of different textures.

Fizzy says: "What else can you use for your picture?"

Slime (see resource list for recipe)

Fizzy says: "Play and enjoy."

Warning: It is messy! Keep clothes covered!

Inset Puzzles

Try large and easy to manipulate inset puzzles.

Puzzles

- · Wooden inset puzzles with chunky hand grips.
- · Wooden inset puzzles with small hand grips.
- Large chunky 2 piece interlocking puzzles.
- · 2 4 piece puzzle within a framed border.

Finger Cymbals

- Place a cymbal on each index finger and clap together.
- Now place a cymbal on your thumb and index finger of one hand.

Fizzy says: "Play and enjoy!"

Other Ideas

- Patting and tapping a balloon into the air.
- Squeeze a plastic bottle or bath toy in water to make bubbles.

Fizzy says: "You may need to use both hands."





- Blowing bubbles.

 Can you pop them with one finger?
- · Squeeze squeaky toys (see pictures).

If you would like this leaflet in another format or language please contact the Communications Team

By telephone: 01227 791161 or Email: communications@eastcoastkent.nhs.uk

PALS Patient Advice and Liaison Service

If you need information, support or advice about our services, please contact PALS.

Phone: 0800 085 6606

Email: pals@eastcoastkent.nhs.uk

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Tuesday - Story Review







Tuesday



HOME HELP BALANCE CHALLENGE SHEET

MAKE SURE YOU CARRY OUT ALL CHALLENGES IN A SAFE WAY!

PERSEVERANCE - How many or how long you can do a challenge without giving up?

ASPIRATION – Can you aspire to achieve these targets? Can you Aspire to do more?

RESPECT – Remember to respect your body, only do what you can!

TEAMWORK - Can you work with someone you live with and help each other?



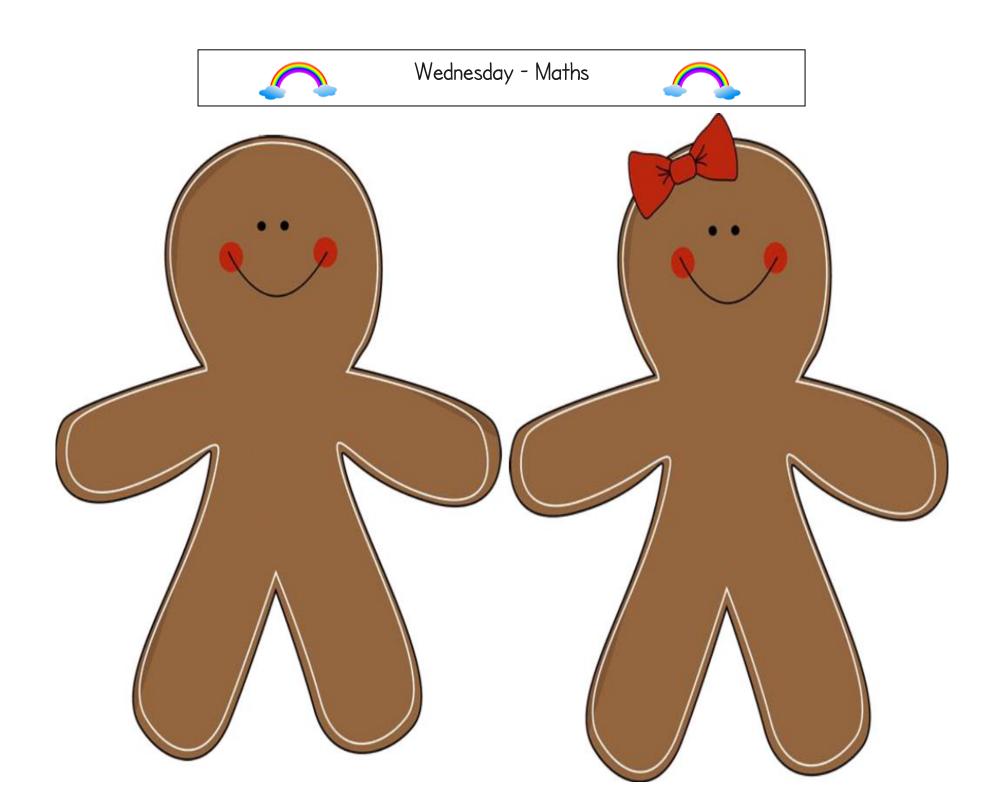
@TeamGarlinge



- $\hfill\Box$ I can balance on my left leg for 20 seconds without putting my right foot down
- $\hfill\Box$ I can balance on my right leg for 20 seconds without putting my left foot down
- □ I can stand still with my left foot on the floor for 30 seconds
- ☐ I can stand still with my right foot on the floor for 30 seconds
- ☐ I can stand on my left foot and do 5 mini squats without losing balance
- □ I can stand on my right foot and do 5 mini squats without losing balance
- $\hfill \square$ I can stand on my left foot for 30 seconds without losing balance with my eyes closed
- $\hfill\Box$ I can stand on my right foot for 30 seconds without losing my balance with my eyes closed

COACHING POINTS

- LOOK FORWARD AND FOCUS ON ONE POINT
- KEEP YOUR TUMMY TIGHT
- TRY TO SPREAD YOUR
 WEIGHT EVENLY BETWEEN
 THE BALL AND HEEL OF
 YOUR FOOT
- USE YOUR ARMS TO HELP BALANCE
- MINI SQUATS: MAKE SURE THE ANGLE AT YOUR KNEE IS NO MORE THAN 135* (SEE DIAGRAM)







Gingerbread Man in Different Puddles

Science Experiment



Method

- Place a gingerbread biscuit into each bowl.
- In each bowl, you will test how a different liquid affects a gingerbread man. Add 1 tablespoon of oil in one bowl, 1 tablespoon of water in another, 1 tablespoon of fruit juice in another and 1 tablespoon of vinegar in the last bowl.
- With the children, watch the effects of the liquids on the biscuits. Talk with the children and describe the changes that are happening to the different biscuits.

You will need:

4 gingerbread men biscuits

4 bowls

Tablespoon

Oil

Water

Fruit juice

Vinegar





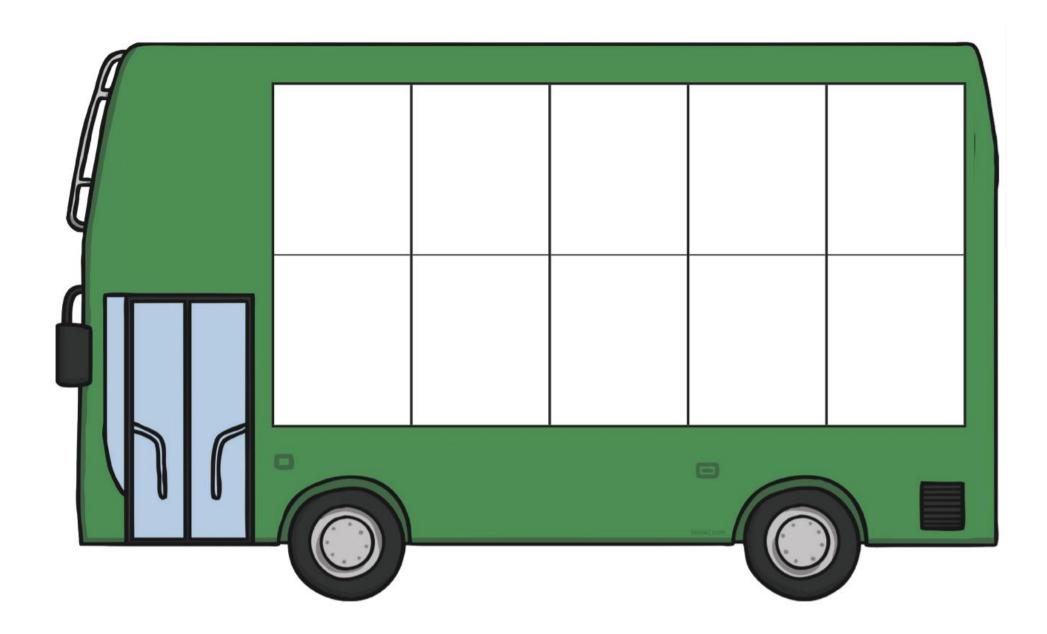






Thursday - Maths





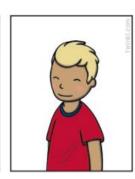


Thursday - Maths





















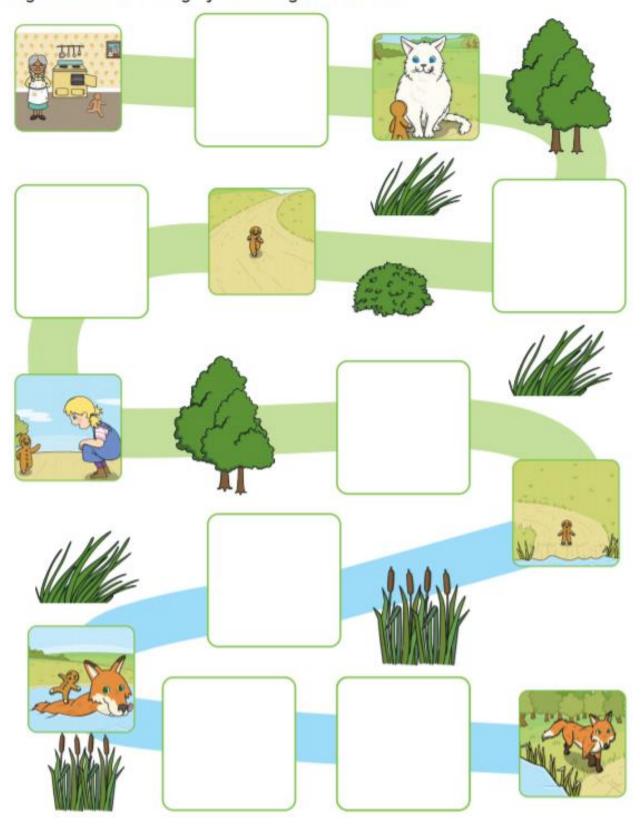






The Gingerbread Man Story Map

Cut out the pictures and stick them into the boxes along the path. Can you retell the story of The Gingerbread Man?



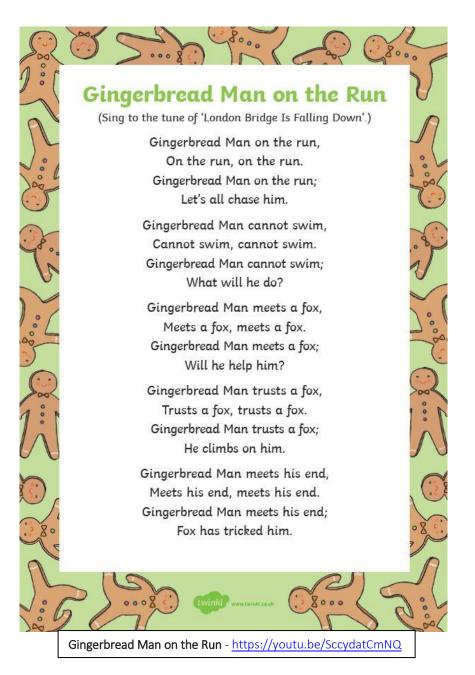


Thursday





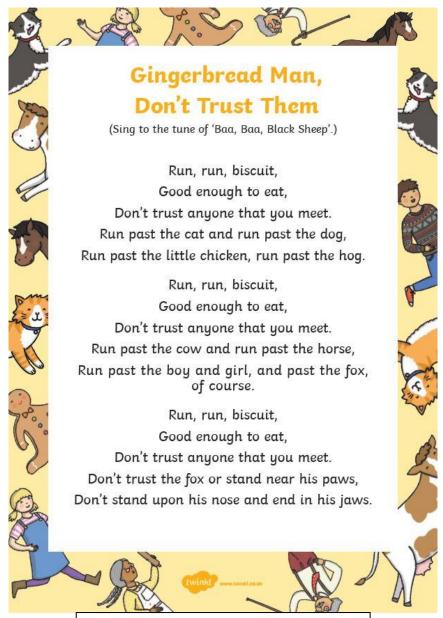
See How He Runs - https://youtu.be/8aJKEdaBEMg





Thursday





Don't Trust Them - https://youtu.be/8BXrTb1cN14





Making gingerbread men



Making gingerbread men



Ingredients

60g brown sugar
300g self raising flour
2 teaspoons ginger
1 egg
125g butter
90g golden syrup
Currants, cherries and
orange peel

Ingredients

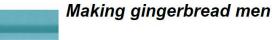
60g brown sugar
300g self raising flour
2 teaspoons ginger
1 egg
125g butter
90g golden syrup
Coloured icing



Making gingerbread men

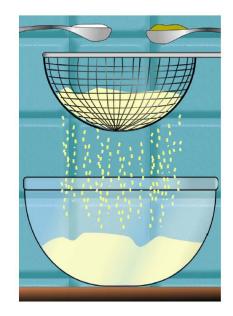
1.

Beat the sugar, butter and syrup together. Then add egg.



2

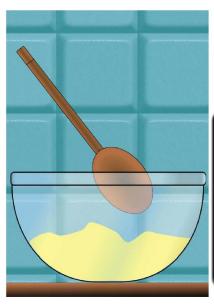
Sieve the flour and ginger together.



Making gingerbread men

3.

Mix the ingredients in the bowl.



Making gingerbread men

4.

Knead the mixture.



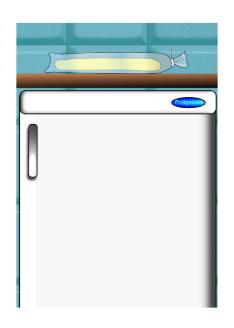


Friday



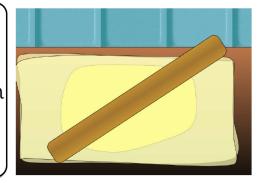
Making gingerbread men

5. Flatten dough and cling-wrap. Then put in fridge for 15-20 minutes.



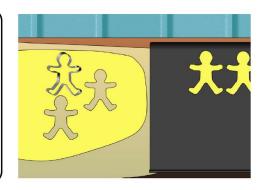
Making gingerbread men

6. Roll dough between greaseproof paper.



Making gingerbread men

7. Cut out the men.



Making gingerbread men

8.
Heat an oven to
180°C (350°F or
Gas Mark 4) and
bake for 8 minutes
until brown.





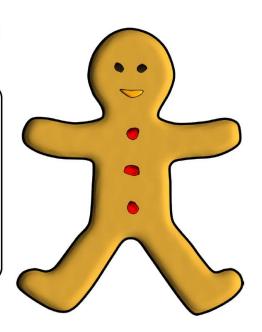


Making gingerbread men

9.

Decorate with currants, cherries and orange peel.

Eat before they run away!



Making gingerbread men

9.

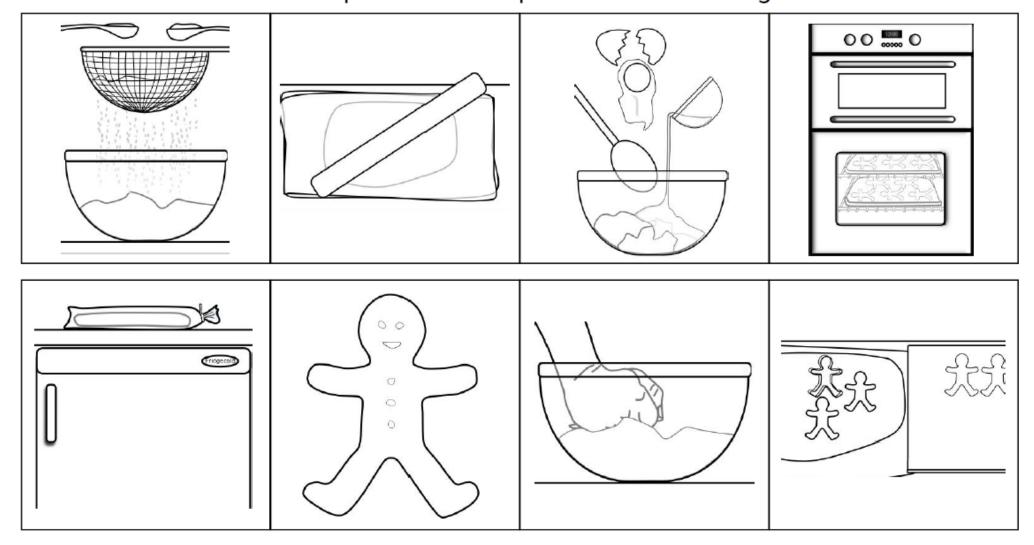
Decorate with coloured icing Eat before they run away!





Making gingerbread men

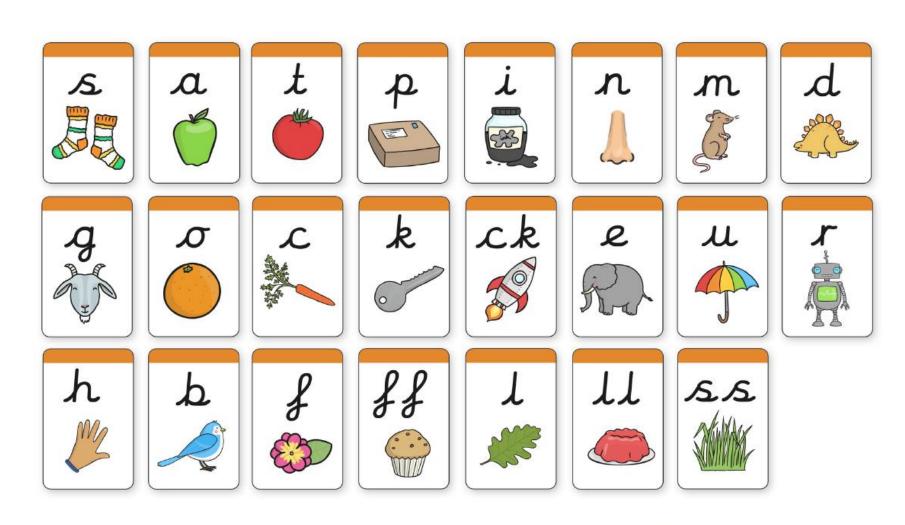
Cut out these pictures and put them in the right order.





Sound Mat for Reception



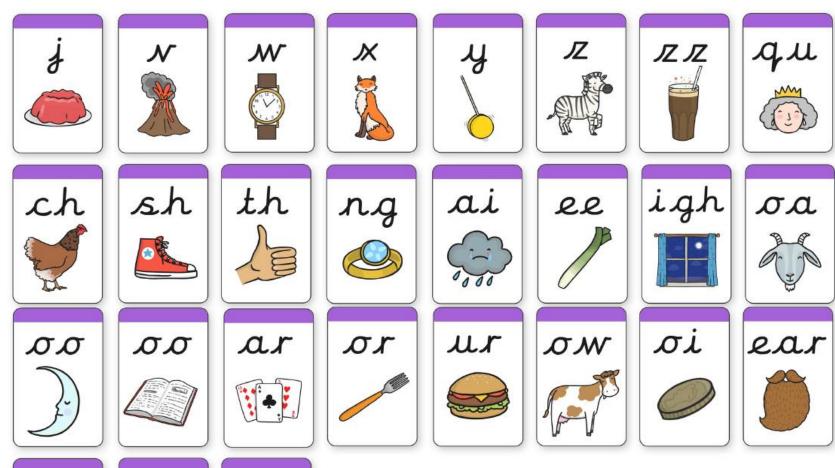


My Phase 2 Sound Mat



Sound Mat for Reception





air

ure



er



My Phase 3 Sound Mat





1 2 3

4 5 <u>6</u>

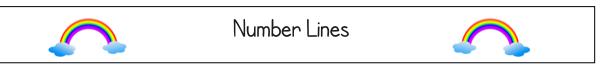
7 8 <u>9</u>

0 10





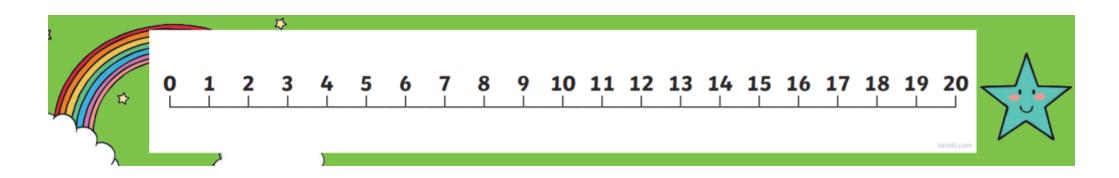
11 1



My 1 to 10 Number Track

1 2 3 4 5 6 7 8 9 10 miles

0 1 2 3 4 5 6 7 8 9 10 TwinkLoom







2 cups salt
2 cups plain flour
4 teaspoons cream of tartar
2 cups water
4 teaspoons oil
(add drops of your chosen colour)

- Microwave on high for $3\frac{1}{2}$ minutes, stirring after every minute.



No Cook Playdough Recipe



2 cups plain flour

2 tablespoons vegetable oil (baby oil/coconut oil work too)

½ cup salt

2 tablespoons cream of tartar

1 to 1.5 cups boiling water (adding in increments until it feels just right)

Gel food colouring (optional)

Few drops glycerine (optional)

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl
- Add food colouring to the boiling water then into the dry ingredients
- Stir continuously until it becomes a sticky, combined dough
- Add the glycerine (optional)
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone (this is the most important part of the process, so keep at it until it's the perfect consistency!)
- If it remains a little sticky then add a touch more flour until just right.



A Message to Parents/Carers

Please remember that these are examples of the resources you can use. You can use these as examples to create your own resources for this week's home learning or you can print them out if you so wish.

We are looking forward to seeing familiar faces at our zoom lessons – and some new ones! If you have any questions, please feel free to email your zoom teacher for the week ©



This week they will be:

RA and RB - Literacy - <u>RA@garlinge.kent.sch.uk</u>
Maths - <u>RB@garlinge.kent.sch.uk</u>

RC and RD - Literacy - <u>RC@garlinge.kent.sch.uk</u>
Maths - <u>RD@garlinge.kent.sch.uk</u>