








Weekly Home Learning Timetable

| Monday | | |
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| English | Maths | Topic |
| Tuesday | | |
| Wednesday | | |
| <p style="text-align: center;">English <u>My favourite story</u></p> <p>Home learning focus</p> <p>Learn to talk about your favourite story using words like 'because' and 'when'.</p>  <p>This lesson includes:</p> <ul style="list-style-type: none"> • a video to help you understand different types of stories • three activities to do at home. <p>Please click on the link to access your learning:</p> <p>https://www.bbc.co.uk/bitesize/articles/zhgsf4j</p> | <p style="text-align: center;">Maths <u>One more and one less</u></p> <p>Home learning focus</p> <p>More advanced than counting, finding one more and one less is knowing which number comes after and before a number between 1 and 100.</p>  <p>This lesson includes:</p> <p>one video four interactive activities</p> <p>Please click on the link to access your learning:</p> <p>https://www.bbc.co.uk/bitesize/articles/zkhsf4j</p> | <p style="text-align: center;">History <u>How can I be a historian?</u></p> <p>Home learning focus</p> <p>In this lesson, learn some of the skills needed to study history.</p> <p>This lesson includes:</p> <ul style="list-style-type: none"> • three videos • an activity to summarise the skills learnt <p>Please click on the link to access your learning:</p> <p>https://www.bbc.co.uk/bitesize/articles/zrb492p</p> |
| Thursday | | |
| <p style="text-align: center;">English <u>Writing and asking questions</u></p> <p>Home learning focus</p> <p>To understand when to use question marks and that questions can start with many different words. You will also understand how to write a diary entry.</p>  <p>This lesson includes:</p> <p>a video to help you understand what question marks are three activities to do at home.</p> <p>Please click on the link to access your learning:</p> <p>https://www.bbc.co.uk/bitesize/topics/zpbkqat/articles/z7b72sq</p> | <p style="text-align: center;">Maths <u>Counting in twos, threes, fives and tens</u></p> <p>Home learning focus</p> <p>Today's Bitesize Daily lesson is on counting forwards and backwards in twos, threes, fives and tens to 100.</p>  <p>This lesson includes:</p> <p>one slideshow two activities</p> <p>Please click on the link to access your learning:</p> <p>https://www.bbc.co.uk/bitesize/articles/znwvjhv</p> | <p style="text-align: center;">Geography <u>Introduction to the UK</u></p> <p>Home learning focus</p> <p>To learn about the four countries of the UK and their capital cities.</p>  <p>This lesson includes:</p> <p>a video to help you understand a map of the UK and its four countries descriptions of the seasons and basic geographical terms two practice activities</p> <p>Please click on the link to access your learning:</p> <p>https://www.bbc.co.uk/bitesize/articles/z42pnrd</p> |
| Friday | | |

| <p align="center">English <u>Using descriptive words</u></p> | <p align="center">Maths <u>Counting in tens and ones</u></p> | <p align="center">Science <u>Introduction to seasons day and night</u></p> |
|---|--|---|
| <p>Home learning focus</p> <p>To be able to create sentences with description by using noun phrases (adjectives with nouns).</p>  <p>This lesson includes:</p> <p>a video to help you understand what describing words (adjectives) are three activities to do at home.</p> <p>Please click on the link to access your learning: https://www.bbc.co.uk/bitesize/topics/zpb0kqt/articles/zf6c47h</p> | <p>Home learning focus</p> <p>Learn how blocks of tens and ones can be used to represent numbers. This representation of numbers by physical objects is a key factor in understanding numbers and builds a foundation for more complicated maths.</p> <p>This lesson includes:</p> <p>one video four interactive activities</p> <p>Please click on the link to access your learning: https://www.bbc.co.uk/bitesize/articles/zvtppg8</p> | <p>Home learning focus</p> <p>Learn about the seasons, the weather associated with them and day length.</p>  <p>This lesson includes:</p> <p>two videos to help children observe and describe weather associated with the seasons and how day length varies three practise activities to reinforce learning</p> <p>Please click on the link to access your learning: https://www.bbc.co.uk/bitesize/articles/zk9mxye</p> |

Other activities for the week

Outdoor learning/Art

From your daily walks, runs or cycles can you collect petals, leaves sticks and other items in preparation to make a colourful picture? Don't forget to wash your hands after and to keep these items somewhere safe in preparation for your learning next week.

Weather forecast and reports

Using sentences and symbols can you record a 5-day weather diary for the UK? Watch a weather forecast on the television – can you present your own weather forecast or read your weather diary to your family?



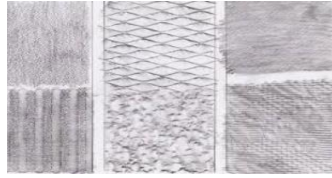
Investigating Colour

Can you name and mix the primary colours, shades and tones ? Can you say and spell the name of the different colours that you make? Do you have a favourite colour? How many items can you find in your favourite colour?



Investigating Patterns

Can you investigate pattern and texture by describing, naming, rubbing and copying objects in your environment? Can you use adjectives to describe a chosen pattern?



Challenge Cards - What can you do in one minute?

How many times can you write your name in one minute?

How many times can you count up to ten in one minute?

How many different words can you write down in one minute?

How many times can you throw and catch a ball in one minute?

Health and Wellbeing Activities

Find some time to complete the mindful minute brain break cards.

Brain Break Breathing

Waves on the Ocean Breaths

Lie back gently on the floor with your feet out in front of you. Place your hands on your stomach. Breathe in through your nose and feel your hands rise up. As you slowly exhale, feel your hands go back down. Pretend that your stomach is waves in the ocean and your hands are a sailboat. Each time you breathe in the sailboat goes up on the waves and each time you breathe out the sailboat goes down on the waves. Repeat.



Brain Break Breathing

Rainbow Breaths

Stand with your feet shoulder width apart, arms gently resting by your sides. Slowly raise your arms and take a deep breath in. Try to breathe in until your hands reach each other over your head. Breathe out slowly while lowering the hands. Visualize the beautiful rainbow you are making. Repeat 5 - 10 times. Each time you breathe in imagine you are adding another color to your rainbow. What colors are you adding to your rainbow? Once your rainbow is done slowly open your eyes.



5 minute idea

What can you do today that will make you proud of yourself?



Can you draw your own balloons and complete your own sentences based on the example below?

I Am an Amazing Person!

Read and finish the sentences in the balloons below.

