

# Weekly Home Learning Timetable

## Year 6 18.05.20

Remember that you can send an email to your class teacher to ask them questions about your learning, or to send them a picture of some of the work that you have completed. It might even be uploaded to the school website!

### English



#### Using relative clauses

<https://www.bbc.co.uk/bitesize/articles/z6q98xs>

This lesson includes:

- two videos to understand what relative clauses are and how they can be used in your writing.
- three activities

Please click on the above link and work through the structured lesson and activities. Use your home workbook to complete the activities.

### Monday

### Maths

$$\frac{5}{8} < \frac{7}{8}$$

#### Compare and order fractions

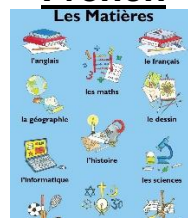
<https://www.bbc.co.uk/bitesize/articles/zkk6hbk>

This lesson includes:

- one videos
- one slideshow
- two activities

Please click on the above link and work through the structured lesson and activities. Use your home workbook to complete the activities.

### French



#### School subjects - les matières scolaires

<https://www.youtube.com/watch?v=PZhDqiss7wM>

Watch the video showing the different school subjects in French.

Design your own weekly timetable for school including all your lessons in French.

Can you find any other subjects which weren't included in the video? Add them to your timetable!

Find a blank template below which you can fill in. Or you can draw your own!

### English



#### Using personification in a setting description

<https://www.bbc.co.uk/bitesize/articles/zbd7mfr>

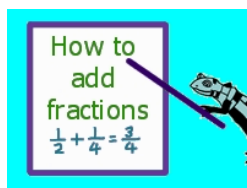
This lesson includes:

- two videos
- three activities

Please click on the above link and work through the structured lesson and activities. Use your home workbook to complete the activities.

### Tuesday

### Maths



#### Add and subtract fractions

<https://www.bbc.co.uk/bitesize/articles/z7ty382>

This lesson includes:

- one video
- three interactive activities
- one worksheet

Please click on the above link and work through the structured lesson and activities. Use your home workbook to complete the activities.

### Computing



#### Algorithms and debugging

<https://www.bbc.co.uk/bitesize/articles/zhd47h>

This lesson includes:

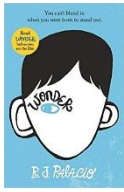
- two videos to help you understand debugging
- three activities for you to try out

Please click on the above link and work through the structured lesson and activities. Use your home workbook to make any notes to help you.

You can choose which activity to complete, or have a go at them all! (Please note option 2 requires Kodu program)

## Wednesday

### English



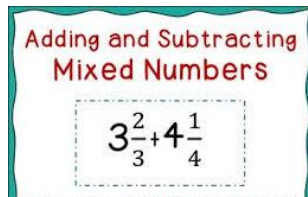
#### Comprehension – Wonder

Wonder by R.J. Palacio is one of the texts on the year 6 recommended reads. There is also a film based on the book. Watch the trailer here: <https://www.youtube.com/watch?v=ngjK1gQKqK8>

Click on the link below and read through the extract of 'Wonder by R.J. Palacio' making sure to look up the definitions of any new words. Answer the questions in your home learning book – remember to give evidence from the text!

<https://www.garlingeprimary.co.uk/web-site-content/wonder-1585648230.pdf>

### Maths



#### Adding and Subtracting Mixed Numbers

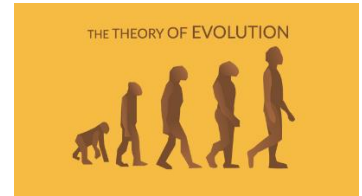
<https://www.bbc.co.uk/bitesize/articles/zfp4kmn>

This lesson includes:

- two videos
- two worksheets
- two games

Please click on the above link and work through the structured lesson and activities. Use your home workbook to complete the activities.

### Science



#### What is the Theory of Evolution?

We looked at this all the way back in term 1! Let's see what you can remember.

<https://www.thenational.academy/year-6/foundation/what-is-the-theory-of-evolution-year-6-wk1-3>

This lesson includes:

- two quizzes
- one video with instructions within

Please click on the above link and work through the structured lesson and activities. Use your home workbook to complete the activities.

## Thursday

### English



#### Setting description – figurative language

<https://www.thenational.academy/year-6/english/setting-description-lesson-4-figurative-language-year-6-wk3-4>

This lesson includes:

- two quizzes
- one video with instructions within
- different activities on slides

Please click on the above link and work through the structured lesson and activities. Use your home workbook to complete the activities.

Do not worry about completing lessons one to three – we have covered these in class many times!

### Maths

$$\frac{2}{7} \times 3 = ?$$

#### Multiplying fractions by whole numbers/integers

<https://www.bbc.co.uk/bitesize/articles/zbh6hbk>

This lesson includes:

- two videos
- three activities

Please click on the above link and work through the structured lesson and activities. Use your home workbook to complete the activities.

### World Meditation Day



Today is World Meditation Day! We would like you to try out some meditation and see if it helps you feel calm. Modern life can feel relentless and stressful. But with the right tools, we all have the potential to be healthier and happier. Our vision is for World Meditation Day to be celebrated across the globe, so that people everywhere can take the opportunity to press pause and reboot. Listen to this link:

<https://www.youtube.com/watch?v=aX9PUQcdQ2U>

Can you have a go at writing your own guided meditation to try and help someone feel calm? You can include different steps if you wish like the example in the resources below. Use your home workbook to complete the activity.

## Friday

### English



#### Setting description – describing a setting

<https://www.thenational.academy/year-6/english/setting-description-lesson-5-describing-a-setting-year-6-wk3-5>

This lesson includes:

- one quiz
- one video with instructions within
- word banks and visual aids to write your own setting description

Please click on the above link and work through the structured lesson and activities. Use your home workbook to write your setting description. Do not worry about completing lessons one to three – we have covered these in class many times!

### Maths

## Friday Challenge

#### Maths Challenge

<https://whiterosemaths.com/homelearning/year-6/>

Friday is Challenge Day! Click on **Week 4, Friday Challenge**.

Solve the questions in your home learning book

### Art

Remind yourself what Onomatopoeia means. If you are stuck, check the word in a dictionary.

Create your own pop-art design using onomatopoeia words. You can choose what medium you use.



Can you link the art to the sound?

### Other activities for the week – see below

- **Maths:** Use the following link to practise your times tables <https://trockstars.com/>  
**A BATTLE HAS BEEN SET UP BETWEEN YEAR 6 BOYS AND YEAR 6 GIRLS.** May the best team win!
- Help an adult at home with the washing – learn how to use the washing machine!
- Finish reading Kensuke's Kingdom, remember there are recordings on YouTube. You can use this link to find the chapter you are on [https://www.youtube.com/watch?v=lyjyFvF\\_JM](https://www.youtube.com/watch?v=lyjyFvF_JM)
- **Geography:** Find a dish famous to North America and see if you can create it. Take some pictures as proof! Taste-test your food and review! Write out a set of instructions about how to make the meal.



## Resources:

### Monday French:

<b>Temps</b>			<b>récréation</b>			<b>déjeuner</b>		
<b>Lundi</b>								
<b>Mardi</b>								
<b>Mercredi</b>								
<b>Jeudi</b>								
<b>Vendredi</b>								



# Simple Ways into Meditation

Meditation is the art of focusing your attention in a mindful, conscious way. Here you will find some helpful tips to find a route into meditation to bring calmness and flow into your waking life.

## 1. Start with the breath.

Breathing deeply slows the heart rate, relaxes the muscles, focuses the mind and is an ideal way to begin practice. Breathe in deeply, and exhale completely, watching the rise and fall of your chest as you breathe.

## 2. Notice the frustration.

It is very common for beginners to think 'Why can't I just quieten my mind?' When this happens, really focus on your breath and let the frustrated feelings go.

## 3. Experiment with different positions.

Although many of us think of effective meditation as sitting cross-legged with your eyes closed, beginners can be more experimental and try different types of meditation. Try sitting, lying, eyes open, eyes closed etc.

## 4. Notice your body parts.

A great practice for beginner meditators is to take notice of the body when a meditative state starts to take hold. Once the mind quiets, put all your attention to the feet and then slowly move your way up the body (include your internal organs).

## 5. Use 'Guided Meditation'.

There are some great free resources available on sharing sites such as YouTube and SoundCloud. Listening to a calming voice talking you through relaxing your body parts (see 4) can be really helpful.

## 6. Light a candle

Candle meditation is a very relaxing way to begin your practice. Lighting a candle and using the orange of the flames as your point of focus allows you to strengthen your attention with a visual cue. This can be very successful.

## 7. Try Visualisation

Picture an idyllic setting in your mind. Focus on the picture and let yourself be in the moment, in your ideal place.

## 8. Be grateful for your practice

Once your practice is through, spend 2-3 minutes feeling appreciative of the opportunity to practice, and your mind's ability to focus.



Spend quality time helping your mind to focus through meditation, and it will help to bring calmness to your busy, working day.

