



# Garlinge Primary School & Nursery

## PE, School Sport & Physical Activity News

### Our Team Garlinge vision

“A chance for **EVERY** child to be **PART** of an enjoyable journey in building a healthier, stronger head, heart and hands approach to leading an active lifestyle.”

**DEC 2020—Issue 18 Well done to all the children who have once again been so active this term!**

# SPORTS NEWS



By Mrs Sparkes, Mr Hearn and Miss Bailey

### CLASS INTRA COMPETITIONS

This term has seen our second round of class Intra PE competitions, from Boccia to Speedstacks the children have been having lots of fun competing against each other in their house colours.

Each class has now received their own trophies and awards, for the winning houses to display their house colour ribbons each term should they be crowned champions.

Teachers are using our school values and rewarding children for showing these when participating in competitive games and the children are all doing a great job in the different games! Well done everyone!

### VIRTUAL ATHLETICS COMPETITION SUCCESS

The athletics season has hit Garlinge Primary school. The virtual Athletics event started this term and Team Garlinge wanted to build upon their success of last year.

Classes in year 5 and 6 worked extremely hard and Persevered to reach their personal best. Every child participated in each event trying to put a score forward for the Team Garlinge team to be entered into the Virtual Event Sportshall Athletics.

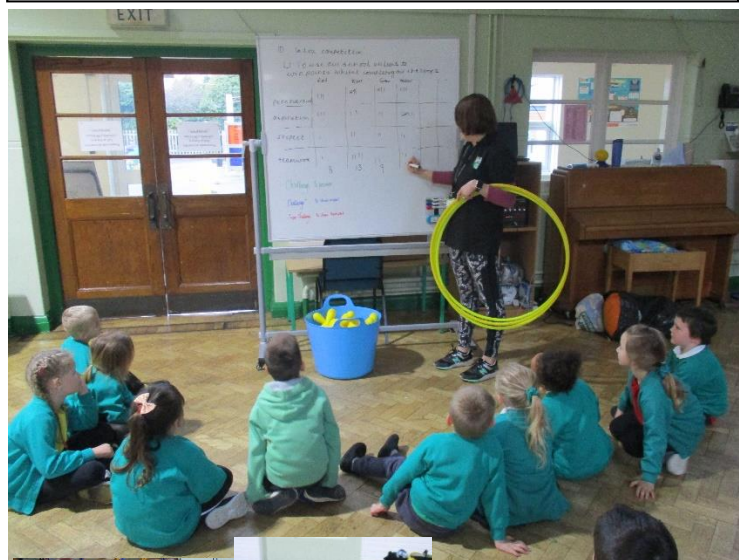
The top 5 scores for boys and girls of each event would be put forward to represent Team Garlinge. Some of the scores that were produced were exceptionally high, this was helped by children showing Aspiration and pushing each other to get their scores to be the best they could be.

All our final scores were submitted and calculated against seven other participating schools and for the first time, Team Garlinge finished with the highest score to win the Sportshall Athletics!

We cannot express what an unbelievable achievement this is for the school and children. Now Team Garlinge will go on to represent the whole of Thanet in the Kent Competition. Also a special mention to Leon in 6B who was the overall highest scoring boy in the entire competition. Another fantastic achievement individually and for the school.

Best of luck in the Kent competition Team Garlinge, we look forward to finding out the results.

Keep up the amazing work.



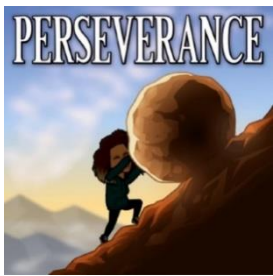
1D in action!



# PE UPDATES

## NURSERY GET MOVING WITH JOE WICKS

A huge well done to our Nursery team who, on Thursday 12<sup>th</sup> November, took part in the first twenty minutes of Joe Wicks 24 Hour PE challenge for Children in Need. They did a tough HITT workout where they did star jumps, squats and press ups! They needed a well earned rest afterwards too. Well done and keep up the good work!



**HEALTH  
& WELL BEING**



## PE SUPERSTARS OF THE TERM

Congratulations to everyone who has done an amazing job in their PE lessons over the last couple of terms. It has been a tough job trying to pick one person per class but well done to this term's PE Superstars. Certificates will be with you soon!

## VIRTUAL MULTI FIT COMPETITION

Part 2 of Thanet Passport Multi fit competition has now been completed with a total 166 pupils being submitted into the final competition to crown the most improved team across the entered schools.

This is the first virtual competition of its kind and we have been really pleased with the enthusiasm of all the children who have taken part.

We look forward to completing a similar competition again in the future which works on teamwork skills as well as individual Aspiration and Perseverance to complete tasks ranging from running with a beanbag to throwing a rugby ball.

Well done to everyone who took part and watch this space for any results!

## PERSONAL BEST ACTIVE PLAY CHALLENGES

Miss Bailey has been busy putting together some exciting plans to develop Personal Challenges for our pupils to try during their Active playtimes. Term 3 will be the launch for pupils to try different activities based on performing their personal best.

Each class will have three attempts to complete two Personal Challenges and record their scores over the term. With the support from adults, some year groups will also have team leaders who will help take charge of the Personal Challenges so that we can promote leadership opportunities for our pupils.

Each term we will hand out certificates for all those pupils who are the Personal Challenge winners or have been a Team Leader.

We very much look forward to seeing if you can Aspire to beat your personal best!