



Garlinge Primary School & Nursery

PE, School Sport & Physical Activity News

Our Team Garlinge vision

“A chance for EVERY child to be PART of an enjoyable journey in building a healthier, stronger head, heart and hands approach to leading an active lifestyle.”

MAR 2021—Issue 20 Well done Team Garlinge for such fantastic PE, Sport and Physical Activity this term!

SPORTS NEWS



By Mrs Sparkes, Mr Hearn and Miss Bailey

Personal Best Challenges

Well done to everyone who has completed any of the Personal Best activities over the last few weeks. We had a fabulous 172 pupils take part and enter their scores, with every activity earning a point for their house colour.

The final points were...

YELLOW 333

GREEN 301

RED 290

BLUE 254

Dance Competition

Lockdown has certainly taught us how to adjust and find new ways of doing things. Through lockdown a huge priority was to keep the children active and engaged. We did this through our Team Garlinge YouTube channel. The channel provided a dance for all children to enjoy and learn at home and also the key worker children within their P.E lesson.

This dance has now been used to form our dance entry for Thanet Passport Annual Dance Festival. We have managed to use all of the clips sent in from home of the children dancing which was put together as a final dance piece. The dance has shown a real reflection of lockdown life. We have siblings taking part, pyjamas being worn and even the odd pet seen in the background.

This has been a fantastic opportunity to see children at home still being able to take part in representing the school through competition. Well done and thank you to everyone who has taken part.

Lockdown Festival

A huge congratulations to everyone who took part in the Lockdown festival! A total of 135 children were entered into the competition, with lots of exciting scores gained in completing various challenges including running, dribbling and throwing.

Garlinge finished 2nd in the Key stage 1 competition and an amazing 1st, 2nd and 3rd for all of Key stage 2.

If you were in the winning team medals will be presented to you very soon! Well done everyone.

TEAM GARLINGE YOUTUBE CHANNEL

We are very proud of our new Team Garlinge YouTube Channel. We have some exciting videos of different activities you can do at home as well as our virtual assemblies and new videos coming soon!

Go to YouTube, search Team Garlinge Channel. Subscribe for free and give a thumbs up if you like our videos!



PE UPDATES

PE SUPERSTARS OF THE TERM

Congratulations to everyone who has done an amazing job in their PE lessons this term. It has been a tough job trying to pick one person per class but well done to this term's PE Superstars. Certificates will be with you soon!



PE in the garden



PE obstacle course
1 min 40secs
for both of us
to complete



HEALTH & WELL BEING

Captain Sir Tom Moore 100 Active Minutes Mission

It was great to see so many children taking part in the 100 Active Minutes Challenge during half term. Thank you to everyone who took the time to complete the mission and for those who shared such fantastic stories about how they completed their minutes.

Remember the national guidance is for children to be active for at least 60 minutes a day! Have a look at some of the ways children completed their active minutes and think about what ways you could keep active too.