

# Garlinge Primary School & Nursery PE, School Sport & Physical Activity News

### **Our Team Garlinge vision**

"A chance for <u>EVERY</u> child to be <u>PART</u> of an enjoyable journey in building a healthier, stronger head, heart and hands approach to leading an active lifestyle."

OCTOBER 2021—Issue 23 Wow what a term! It's been a busy term with clubs and competition's happening again...

### SPORTS NEWS



#### **Football Festivals**

This term we have been busy hosting Football festivals on Friday's after school. We have played against local schools including St Saviours, Chilton and St Gregory's.

Each week the children playing for Team Garlinge have had a great time once again enjoying playing against the local teams.

Thank you to everyone who has come along to support the children, including Gala who enjoyed their first event!

By Mrs Sparkes, Mr Hearn and Miss Bailey

#### **Netball Festival**

A huge well done to our year 5/6 netball team who have competed in a festival only 2 weeks after putting a team together. Team Garlinge showed great enthusiasm, fantastic team spirit and managed to remain undefeated. The festival consisted of 4 teams and the hard work paid off, coming away with 2 wins and a draw. Well done Team Garlinge!

### **SUPER SATURDAY**

This term we were able to once again take part in the Super Saturday Football tournament at Upton School, Broadstairs. It's been two years since we last took part in the competition and we were very excited to once again be taking part with three teams!

Each of the teams played 8 games each and with every game improved and showed our school values to an excellent standard and playing some exciting football too.

We were also extremely proud that we had enough girls playing football that we entered a girls' team and were the only team out of 25 teams to do so.

All three teams did us proud and were awarded with medals. Garlinge 1 were also winners of the plate trophy for winning their league and Garlinge 3 were awarded the Fair Play trophy for their superb attitude throughout the morning.

Well done to all the children who took part and a big thank you to all the amazing support we had from our spectators.





### St Laurence College Tournament

Our first team were busy in action again at the end of September as they attended the annual Football competition at St Laurence College, Ramsgate.

The event always promises an exciting morning of competitive football and after a 2 year break due to Covid this year was no exception.

The team represented the school in a superb way and through their excellent demonstration of Teamwork and Aspiration were successful in the group stage to go on to the semi finals.

The semi finals were a close fought game against St Joseph's where we just missed out on a place in the final. The team went on to produce another close game against Palm Bay where they finished 4<sup>th</sup> place overall. A great team performance, well done!

### **PE UPDATES**

## HEALTH & WELL BEING

### **PE Lessons**

It has been great to see so many children taking part in lots of PE activities this term. We have been lucky to have had some Cricket coaching from a Kent Cricket coach in Year 3 and Year 6 as well as some extra Tennis coaching in Year 5.

Children have once again competed in their class Intra competitions with some exciting results from all the year groups.

Next term we look forward to welcoming Cliftonville Hockey coaches who will be working in Year 6, as well as our very own Dance teacher Miss Bailey getting to deliver some Dance sessions with Years 2,3 and 4.

This term Year 6 have started their swimming lessons again and next term the remaining Year 6 classes will also get to go.

Please remember to wear suitable PE kit for outside as the weather gets colder. Black tracksuit bottoms and a school jumper.

### **Healthy Lifestyle Ambassadors**

This term we have been busy training some of our year 5 & 6 pupils to become our new Healthy Lifestyle Ambassadors.

The children have been learning the importance of eating healthy foods as well as leadership skills.

Next term the group will complete their training and go on to deliver exciting new projects across the school linked to getting children Active.

Watch this space for more exciting news coming soon!

#### Clubs

It has been wonderful welcoming so many of you back to our School Sports clubs this term. We have had lots of our year 1 and 2 children taking part in our lunchtime sports and dance club as well as lots of children taking part in a variety of Sports after school.

Invitations for clubs continuing in term 2 will be sent via our Weduc communications.

### Walk a mile Club

Our Walk a mile club has started again on Wednesday and Friday mornings from 8.15-8.45am. the club is a great opportunity for you to attend with your child, meet other people and get active preparing you for the day ahead.

Build up your miles and win prizes along the way including the chance to be entered into a prize draw in July for a new bike!

Should you wish to attend with your child please contact Mrs Verrall in the school office to sign up or speak to Miss Bailey.

Gala will also be attending some of the sessions so what are you waiting for, sign up today!



### Karate success

A huge well done to Lydia in 3C who achieved her next belt in Karate last month. This is a fantastic achievement and shows Lydia's Perseverance and Aspiration towards Karate is going from strength to strength.

If you would like to share your Sporting achievements and appear in the next addition of the PE and Sport magazine then please email <a href="mailto:PE@garlinge.kent.sch.uk">PE@garlinge.kent.sch.uk</a> we would love to hear about it!



Follow us on Twitter @TeamGarlinge for more exciting sports news!

PERSEVERANCE-ASPIRATION-RESPECT-TEAMWORK