



Garlinge Primary School & Nursery

PE, School Sport & Physical Activity News

Our Team Garlinge vision

“A chance for EVERY child to be PART of an enjoyable journey in building a healthier, stronger head, heart and hands approach to leading an active lifestyle.”

DECEMBER 2021—Issue 24 What an eventful term, despite the cold weather we have been keeping very active with some exciting news!

SPORTS NEWS

Netball

Well done to all the children who took part in this term's Netball competition at St George's School.

The team did an amazing job and reached the final narrowly missing out on first place but achieving runners up in their first major event. Well done!

5 & 6 Athletics

Following the year 3 & 4 Athletics another fantastic morning was held for the 5 & 6 Athletics teams. With over 20 pupils once again competing there were some fantastic performances.

The boys team finished in 3rd place and the girls were challenging for the top 4 with Team Garlinge finishing in 4th place overall.

This was a fantastic achievement by everyone who took part and gave it their best, creating a thoroughly enjoyable morning.

A huge well done to everyone who took part and represented Team Garlinge so superbly. Well done.

3 & 4 Athletics

This term saw the return of the popular Sportshall athletics competition where we had a fantastic 20 pupils participate.

The pupils spent their Saturday morning competing in some exciting races as well as the field events in jumping, running and throwing.

Both the girls and boys competed hard to gain points for the team and collectively gained enough for a bronze finish amongst a very high standard of schools.

A massive congratulations to all who took part and we can't wait to see what next year will bring!



By Mrs Sparkes, Mr Hearn and Miss Bailey



Basketball

A huge well done to our basketball team who managed to finish in 3rd place following a hard fought competition.

The team had to finish in the top 3 schools in heat 1 to progress into the finals. In the finals they then battled against some fantastic basketball teams to finish 3rd overall which was a great result.

Dodgeball Festival

We were very excited this term to take 2 teams to the Passport Dodgeball competition. Dodgeball is a very popular sport at Garlinge and we were able to reward 14 places to represent the School.

The children participated in matches against other schools and represented the school using our school values really well.

Well done everyone who took part and played the game so well.



3&4 Football

Earlier this term we took our year 3 & 4 Football team to Margate FC for their first tournament this year.

We were very excited to see the group play for the first time and they were amazing!

Everyone rotated positions, played as a team and showed our school values, as well as scoring in every game and playing some outstanding football.

We can't wait to see this team play again! Well done.

PE UPDATES

PE Lessons

It has been great to see so much happening in our PE lessons once again this term. We have had some special sessions with Bounce Beyond as well as some Hockey sessions from Cliftonville Hockey Club!

Children have once again competed in their class Intra competitions with some exciting results from all the year groups yet again!

Next term we look forward to welcoming some new coaches to share some ideas around Inclusive PE from Kent Cricket and Inclusive Sport.

Next term Year 4 begin their swimming lessons again along with Bounce trampoline lessons.

Please remember to wear suitable PE kit for outside as the weather gets colder. Black tracksuit bottoms and a school jumper.

Dance Crew

Unfortunately this term's Dance competition was postponed, however our Dance crew were able to treat us all to a live performance in PE and assembly to showcase their amazing routine... Well done!

Bounce Beyond

Children in class GS and Year 1 were selected to take part in a special Bounce Beyond session this term. The children enjoyed moving to music, getting fit and finding ways to travel to various challenges.

The children have thoroughly enjoyed the experience and we are really excited to be ordering more of the trampolines so that we can deliver more exciting opportunities within class and clubs.

For more information check out the Bounce Beyond website: <https://bounce-beyond.co.uk/>



HEALTH & WELL BEING

Healthy Lifestyle Ambassadors

This term we have been busy training some of our year 5 & 6 pupils to become our new Healthy Lifestyle Ambassadors.

The children have been learning the importance of eating healthy foods as well as leadership skills.

Next term the group will be delivering a lunchtime club to share their exciting games with some year 3 & 4 children as well as hosting a Change 4 Life Festival with other schools.

Watch this space for more exciting news coming soon!

Clubs

It has been wonderful welcoming so many of you back to our School Sports clubs this term. We have had lots of our year 1 and 2 children taking part in our lunchtime sports and dance club as well as lots of children taking part in a variety of Sports after school.

Invitations for clubs continuing in term 3 will be sent via our Weduc communications.

Active Minds

As a part of our Health and Wellbeing developments, children in Years 1 – 6 have been learning about the importance of using their minds in helping them to believe that they 'Can do' things.

This week pupils have been learning to build their mental wellbeing and resilience by learning about their own superpowers that will give them the confidence to say 'I can'.

Children develop their imagination through visualisation by creating their own 'cheerleader' and teaching their inner critic to become a mentor.

We look forward to developing the inner cheerleaders within their PE lessons and through their daily work.