# Knight Survival Guide: Are You Tough Enough? by Anna Claybourne

# Tough stuff

Being a knight is GREAT! You can fight in battles and go on big adventures - you even have your own horse!

## Are you tough enough?

Being a knight is fun, but it's not an easy ride. You must be strong, tough and very brave. Knights wear a lot of **armour**.

### Heavy armour

A knight's armour was very heavy, so the horses they rode had to be super-strong.

### In training

You will start training to be a knight when you are seven years old. You will be sent to work in a lord's castle as a **page**.

# A tough job

Life as a page is hard work. You must:

- 1. Take messages for your lord.
- 2. Learn good manners.
- 3. Tidy up after your lord and keep his rooms clean.
- 4. You will learn how to ride and fight.

## **Becoming a squire**

At 14 years old, a page became a squire. Then he helped a knight with his horse and armour.

### Into battle

Squires went into battle with their knight and fought by his side.

# **Fighting talk**

A knight's main job is to fight, so you will need top sword skills to beat your enemy. You will also need to train for battle.

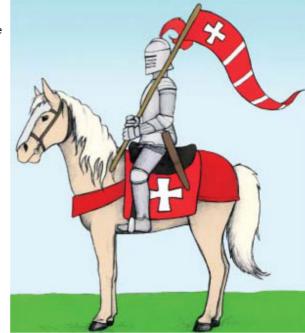
## Take that!

You will fight with a heavy sword. If you can lift it:

- 1. Swing it from side to side.
- 2. Use it to slash and bash!

### Sticky head

If a knight hurt his head, his hair was shaved off, and his head was covered in oil, honey and roses.



# Year 4 • Teaching and Assessment Guide

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Why do y	you think the author writes "A	re you tough enoug	<i>h?</i> " (paragraph 2) as a qu	estion?
-	knight is fun, but it's not an e entence, "it's not an easy ride' o <b>ne</b> .	-	ng to which option?	
You have	to be α good horse-rider.			
The hors	es are difficult to handle.			
You hurt	yourself if you fall off.			
It is a ha	rd job to do.			
	l to be strong to be a knight! <b>vo</b> things are particularly heav	vy?		
	a long time to learn to be a kn the training stages to show th		u do them.	
knight				
page				
squire				
Would yo	ou be good at being a page?			
Yes 🗌	No 🗌			
Why do y	you think this? Use ideas from	n the text in your an	swer.	
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