

People games

Position opposite the child and on their level to encourage face-to-face interaction

Do 'ready, steady... go!' games and songs/rhymes that appeal to child's interests e.g.:

Row row row the boat...

This little piggy went to market...

Round and round the garden...

The grand old Duke of York...

I had a Tiny Turtle

3 little monkeys...

Twinkle twinkle little star...

Wing the bobbin up...

Round and round the garden...

Horsey horsey...

Ring-o'-ring-o'-roses...

Incey Wincey Spider...

If you're happy and you know it...



Make the experience fun and visually interested i.e. with exaggerated sounds and movements

If the child enjoys rough and tumble play then lift/swing/rock/dance with the child

Pause just before a significant point of the rhyme/song (likely at the end of a line)

And wait for a signal from the child that they want you to continue or any attempt they make to join in

Then respond by continuing the people game with lots of enthusiasm



Continue regular favourite people games at home and in nursery and aim to develop:

Face watching

Communication (for adult to continue)

Joining in