



## Swimming Lessons

18/3/2019

Dear Parents and Carers

I am pleased to inform you that your child will be attending swimming lessons funded by the school on the following dates:

### TUESDAYS

**30<sup>TH</sup> April, 7<sup>th</sup> May, 14<sup>th</sup> May, 21<sup>st</sup> May, 4<sup>th</sup> June**

**Swimming is a compulsory part of the curriculum** and the KS2 target is for children to be able to swim unaided over a 25 metre distance, **so it is essential for your child to participate**. We have the safety of the pupils in mind at all times and tuition will be provided by qualified swimming instructors from Hartsdown pool.

The children will be walking to and from school on Tuesday afternoons in all weathers, so will need to be suitably dressed. If you are concerned about your child walking home with wet hair you should provide them with a swimming hat.

If goggles are worn it is the parents' responsibility to ensure that they meet the British Safety Standard requirements. Please read the manufacturer's instructions for putting them on and taking them off. This is important to ensure the protection of eyes from impact damage through stretching the eyepieces away from the face with wet fingers. You should be aware that on occasions your child will be asked to remove their goggles in order to safely perform certain aquatic activities. We can take no responsibility for goggles.

Also, as government guidelines state that for health and safety reasons earrings should be removed for swimming, we have decided that children should not wear earrings, even studs, unless covered by a swimming hat.

**Your child will need the following equipment for their swimming lessons:**

- Towel
- Swimming hat – longer hair
- Goggles (optional)
- Swimming costume for girls (*bikinis not allowed*)
- Swimming trunks or swimming shorts for boys

**SWIMMING KIT MUST COME INTO SCHOOL IN A RUCKSACK EACH TUESDAY.**

**Thank you for your continued support.**

Yours faithfully

*S. Mileham*

Mrs S Mileham  
PE and School Sport Leader



# Garlinge Primary School and Nursery



## Swimming Lessons

I give permission for my child ..... in class ..... to walk to Hartsdown Sports Centre to participate in swimming lessons.

I agree to my son/daughter receiving medicine as instructed and any emergency dental, medical or surgical treatment, as considered necessary by the medical authorities present.

Including Anaesthetic  or Blood Transfusions  **(Please tick)**

Signed ..... Parent / Carer

Please Print Name .....

**PLEASE RETURN THIS SLIP BY FRIDAY 5<sup>th</sup> APRIL TO YOUR CHILD’S CLASS TEACHER.**