

## Celebrate your child for who they are!

Parents and carers can support and acknowledge children's emerging values and morals and individual ways of doing things. Parents can teach children the significance of rules and regulations and support them to develop their negotiation skills. Children enjoy sharing their options and using their skills.

today was good.  
today was fun.  
tomorrow is another one.  
- Dr. Seuss



Monday	Pretend you are interviewing somebody famous or a real-life hero (it could be a doctor or nurse) Make a microphone and write a list of questions you would ask. Pretend you are interviewing them. Perhaps you could record your interview and send it to your teacher. You could then be interviewed and record that too. Maybe even dress up before you are interviewed.
Tuesday	Play 'What if?'. Think of some fun questions and discuss them with your family. For example: What if food could talk- what would it say?
Wednesday	Watch an episode of <a href="#">Horrible Histories</a> . Prepare a similar show that is about your lockdown experience – what would you say? How would you teach everyone about this period in history?
Thursday	Watch <a href="#">'Catching Kayla'</a> . Discuss as a family - what challenges did Kayla face? How did she overcome them? How might Kayla have felt?
Friday	Use different cushions or chairs in a room to represent different points of view on: <ul style="list-style-type: none"> <li>• Should bedtime be later during lockdown?</li> <li>• Should children have schoolwork to complete during lockdown?</li> <li>• Should restaurant drive-throughs be re-opened?</li> </ul> Play at moving around each of them to look at a situation from different perspectives. Make this fun and not too serious.
Saturday	Learn a new skill: Can you learn to juggle with <a href="#">two scarves</a> or even <a href="#">three scarves</a> ? It could be any type of material-it doesn't have to be a scarf! Can you share your new skill with others and teach them how to do it?
Sunday	Are you more like a circle or a square? There's no wrong answer. Play the game following <a href="#">this link</a> to see whether you are a hop or a jump, a whisper or a shout?

- Draw up a routine of what you are doing and when.
- Keep cardboard boxes or clean recycling objects to use for arts later.
- Don't worry if things go wrong - play can be fun and endings can be difficult.