



Garlinge Primary School and Nursery

Year 5 – Lessons about puberty

Monday 10th May 2021

Dear Parents and Carers,

During Term 6, Year 5 will be learning about the differences between boys and girls and how their bodies change when they enter puberty. They will consider and discuss the changes boys and girls go through, physically and emotionally, including physical changes such as the menstrual cycle. These lessons will be taught as a whole class and as single-sex classes (at the teacher discretion), through both Science and PSHE. Prior to these lessons, you may want to discuss with your child some of the topics that will be taught.

If you would like to discuss any concerns or important questions with me before the lessons take place, then please feel free to contact the school office to make an appointment, or email me at 6A@garlinge.kent.sch.uk. Alternatively, please email your child's class teacher on their class emails.

Yours faithfully,

Mrs D Pegden
AHT UKS2