



Garlinge Primary School and Nursery

Year 6 – Relationship and Sex Education

Monday 2nd May 2022

Dear Parents and Carers,

In line with the statutory requirements of the National Curriculum, Year 6 will be developing their understanding of the Relationship and Sex Education (RSE) programme of study in term 6.

They will be looking in more depth at how our bodies grow, covering topics such as: the internal organs and how they function, sexual relationships, the menstrual cycle and discussions on pregnancy (including contraception), the growth of a baby and keeping their bodies safe. These lessons are taught as a whole class through both science and PSHE. Prior to these lessons, you may wish to discuss with your child some of the topics at home that will be taught.

If you would like to discuss any concerns or important questions with me before the lessons take place, then please feel free to contact the school office to make an appointment, or email me at 6A@garlinge.kent.sch.uk.

Yours faithfully,

Mrs D Pegden
AHT UKS2