

Day 1 English:

A large rectangular box with a solid black border, containing ten vertical lines for writing. A dashed blue line is positioned above the box.

Inside

A large rectangular box with a solid black border, containing ten vertical lines for writing. A dashed blue line is positioned below the box. Inside the box, on the left side, is a smaller empty rectangular box.

Inside

Day 1 Maths:

Counting in 2's

How many wheels?



How many shoes? Put a circle round each pair and count in 2s.



How many footprints? Put a circle round each pair and count in 2s.



How many gloves? Put a circle round each pair and count in 2s.



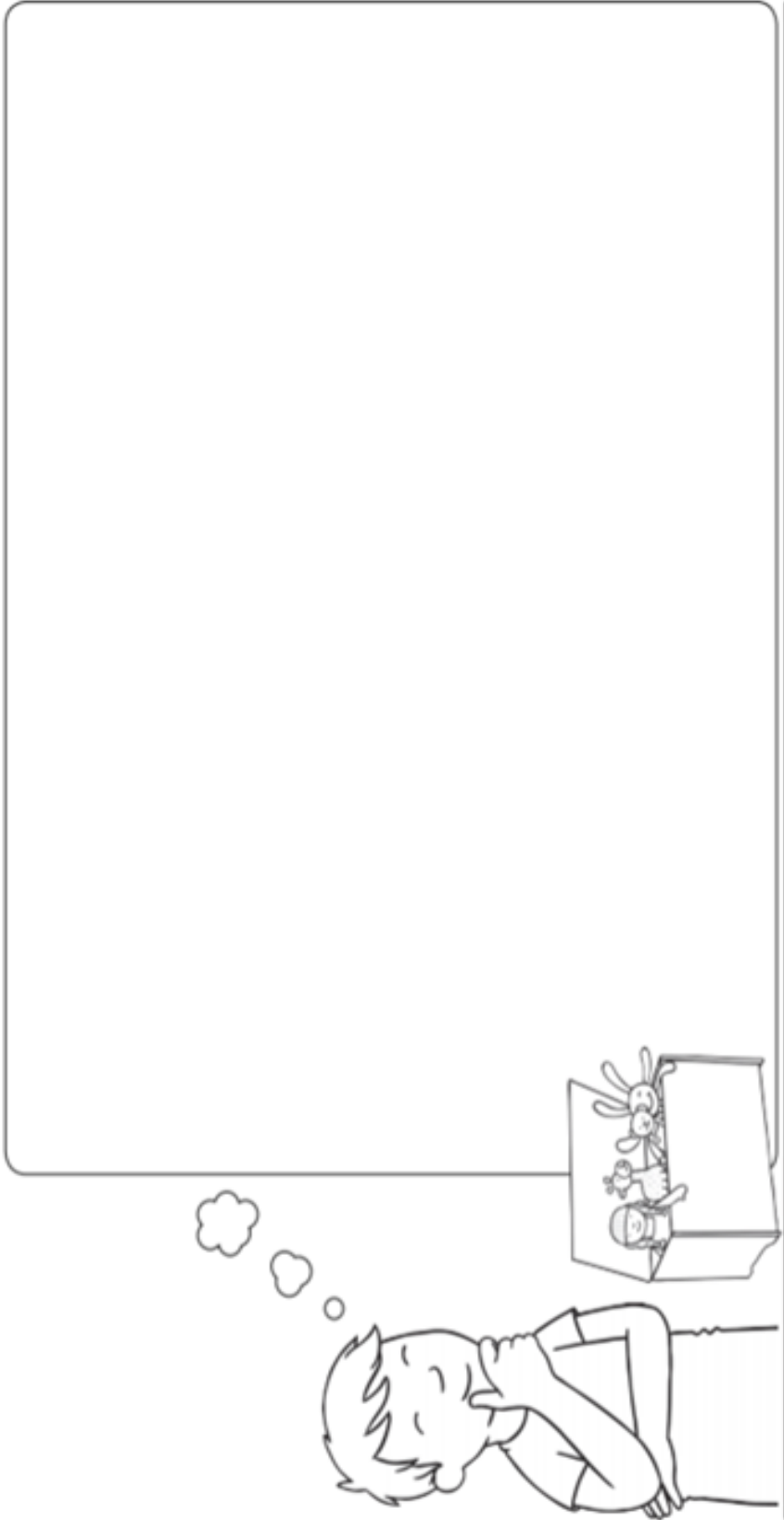
How many socks?



Can you think of anything else we could count in pairs or 2s? Can you draw these?

Day 1 Science:

Design a Toy



Scientific Vocabulary Mat



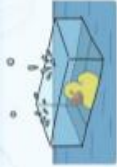
stretchy



wood



absorbent



waterproof



dull



shiny



not bendy



soft



glass



metal



water



rock



not waterproof



not absorbent



smooth



plastic



materials



opaque



hard



rough



stiff



bendy



transparent



Day 2 English:

Can you find aw?

Colour all the **aw** sound.

ir

aw

oy

aw

aw

ir

ie

aw

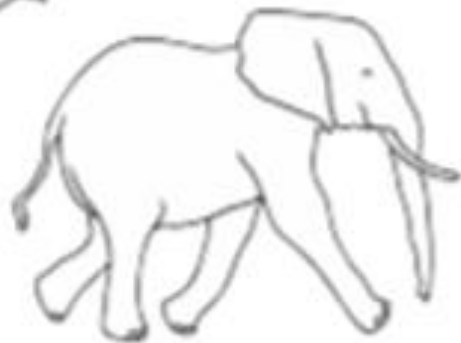
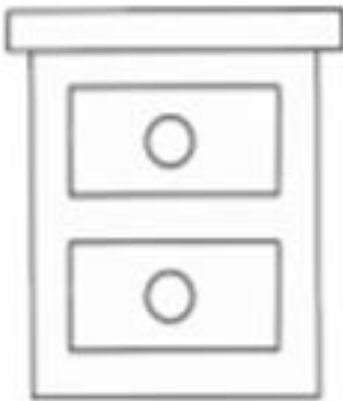
ue

aw

ir

Can you find aw?

Colour all the pictures that have the **aw** sound.



Can you write the name of the words? Which ones have the 'aw' sound?


Day 2 Maths

Can you count the objects and write your numbers counting in 2s?

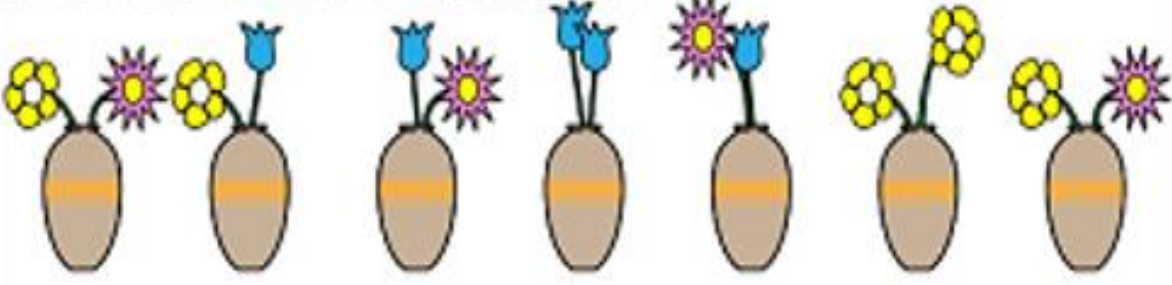
Name: _____

Counting by 2s

a. Find the total number of fish by counting by 2s.




b. Find the total number of flowers by counting by 2s.



c. Find the total number of crayons by counting by 2s.



d. Find the total number of snails by counting by 2s.



Here is a more advance way of showing counting in 2s



Can you fill in the missing numbers?

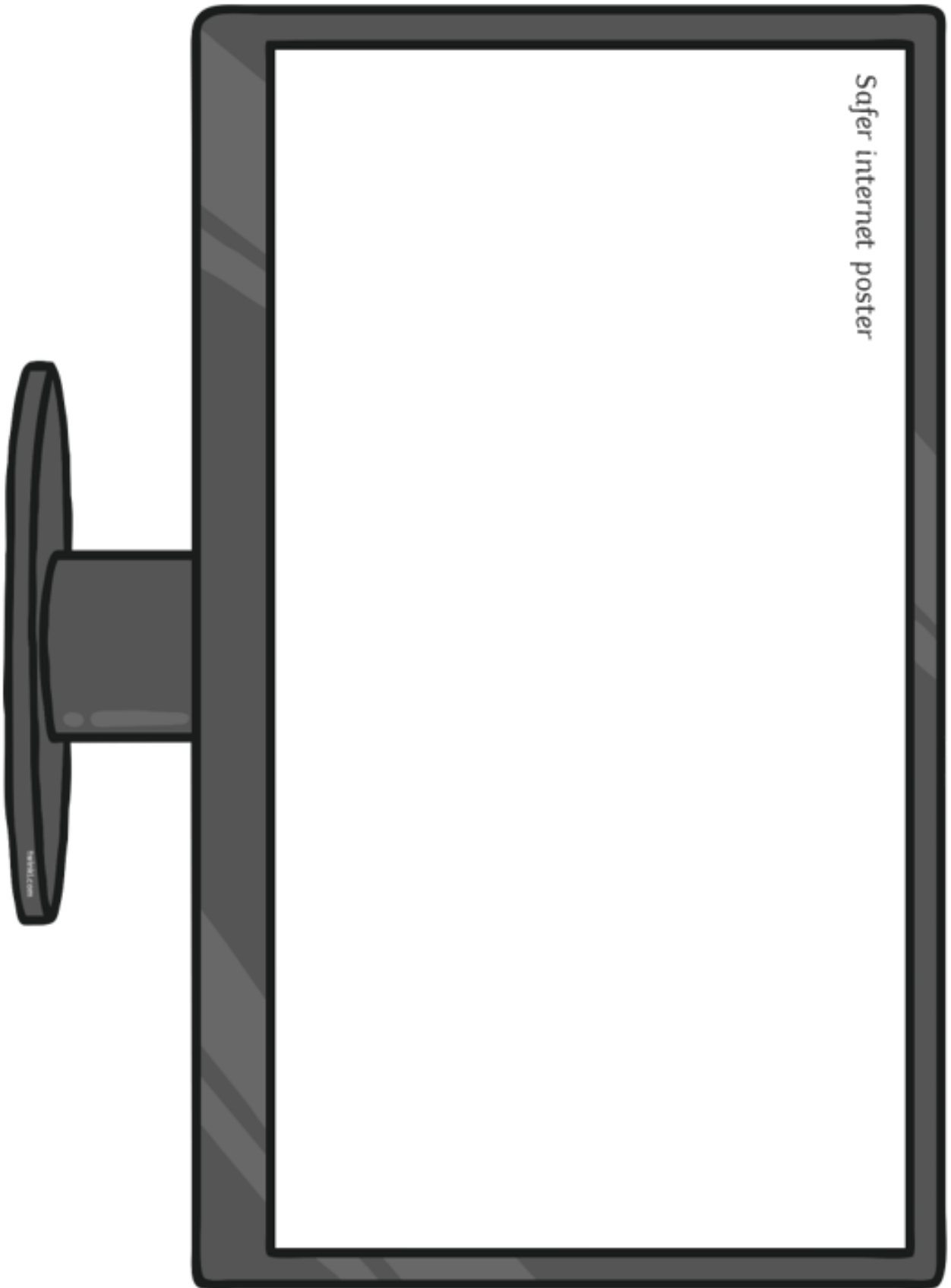
2 4 6 ___ 10 12 ___ 16 18 20

6 8 10 ___ 14 16 18 ___

8 10 12 14 ___ ___ 20

Please use the 100 Square at the end of the resources to help you.

Day 2 ICT



Day 3 English:

A large rectangular area containing 12 vertical lines for handwriting practice. The lines are evenly spaced and extend from the top to the bottom of the section.

Inside

A large rectangular area containing 12 vertical lines for handwriting practice. The first four lines on the left are enclosed in a solid black rectangular box, likely intended for a drawing. The remaining eight lines are open for writing.

Inside

Day 3 Maths

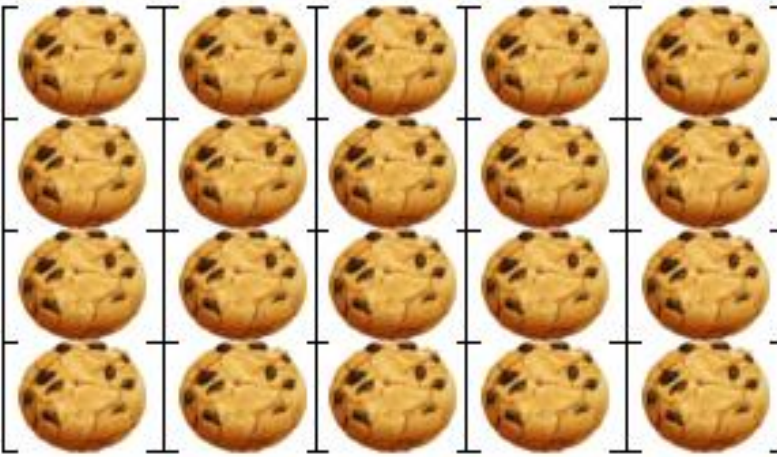
1 Can you make groups of 5 by sticking 5 biscuits on each plate?
Then can you count in 5s. How many biscuits do you have?



I have ____ biscuits.

I can count in 5s

5 10 15 20

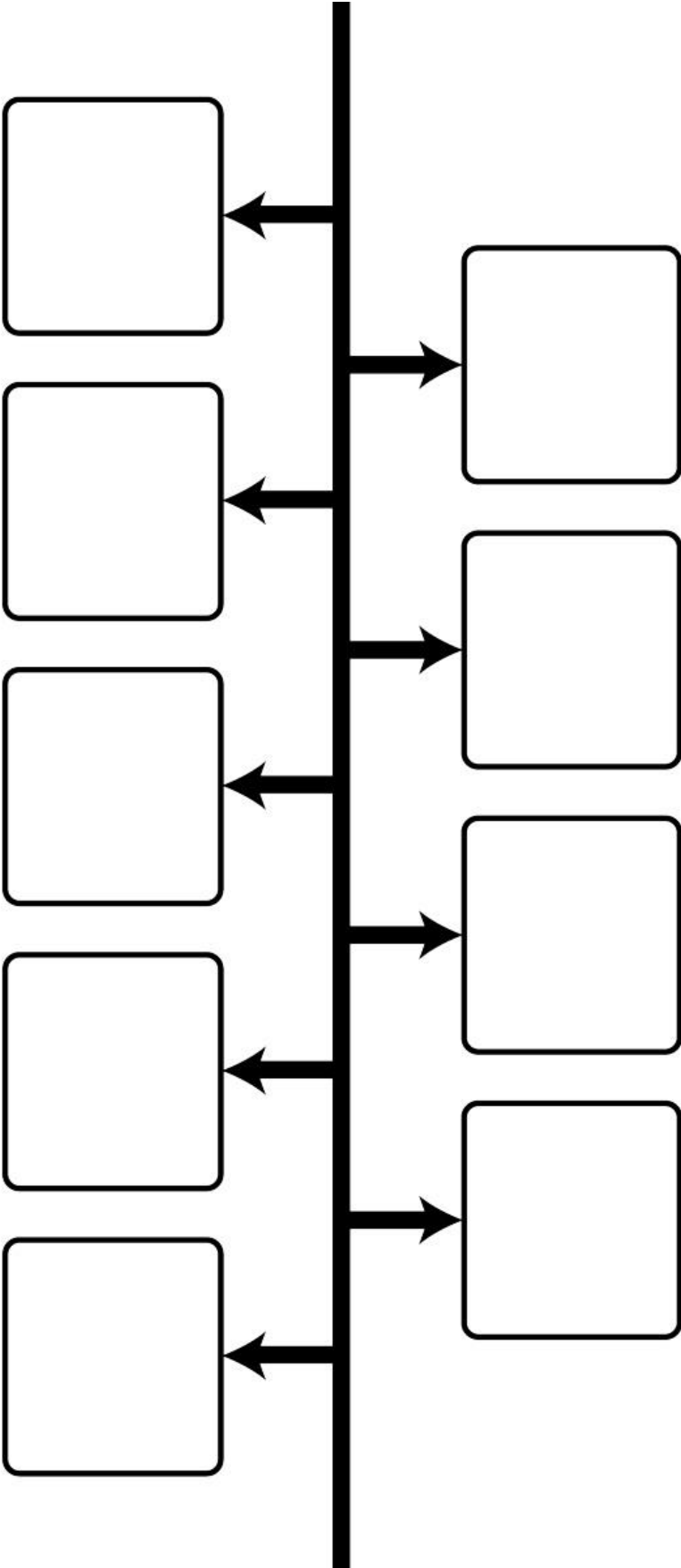


Day 3 History:



Title _____ Date _____ Name _____

100 years ago 2021









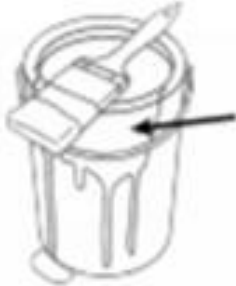


Day 4 English:

Find and Write the 'wh' Words



Write the words and then colour the ones with a 'wh' sound in them.

| | | |
|--|---|--|
|  <input type="text"/> ee <input type="text"/> |  sh <input type="text"/> |  <input type="text"/> l <input type="text"/> |
|  m <input type="text"/> n <input type="text"/> |  <input type="text"/> <input type="text"/> k <input type="text"/> |  <input type="text"/> e <input type="text"/> |
|  <input type="text"/> ea <input type="text"/> |  s <input type="text"/> |  <input type="text"/> t <input type="text"/> |

Phase 5 Real and Nonsense Words for wh

There are many different words spelt with 'wh'.

Can you spot which words are real and which are nonsense below?

Fill in your key with a different colour for real words and nonsense words then colour in the correct boxes below.

Key

Real Words

Nonsense Words



| | | | |
|---------|---------|----------|-------|
| whip | whisper | wheck | wheeb |
| whismer | wheel | which | whelb |
| whem | whonf | when | where |
| whink | why | whiskers | whib |
| whistle | wheef | whilm | whine |

Day 4 Maths:

Can you cut and stick the missing numbers when counting in 5s?

Name _____

Heart Skip Counting by 5s

| | | | |
|----|----|----|----|
| | 10 | 15 | |
| 25 | | | 40 |
| 45 | | 55 | |
| | 70 | | 80 |
| 85 | | 95 | |

| | | | | |
|----|----|----|----|-----|
| 5 | 60 | 30 | 90 | 75 |
| 65 | 20 | 50 | 35 | 100 |

cutoutsonpaper.com

Please use the 100 Square at the end of the resources to help you.

Day 4 Art:

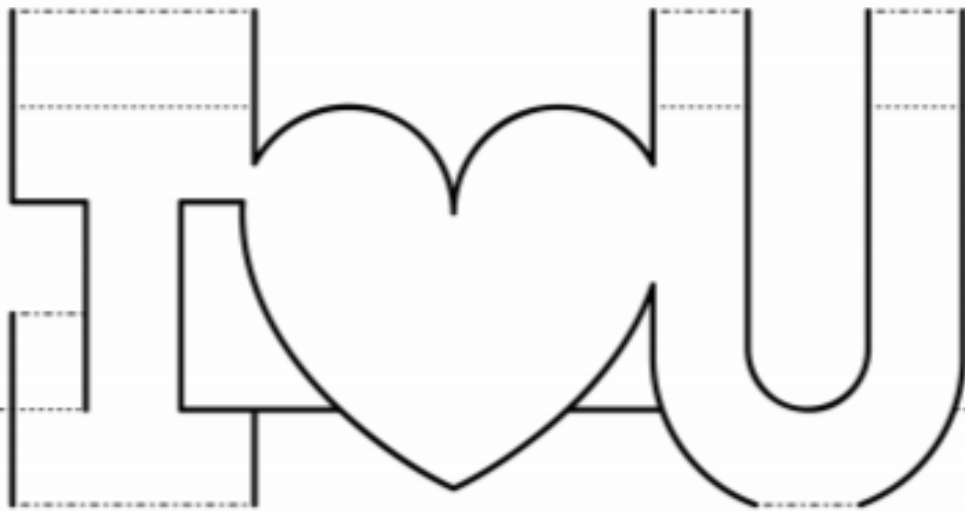
Love Pop Up Card Template



← Fold Over →

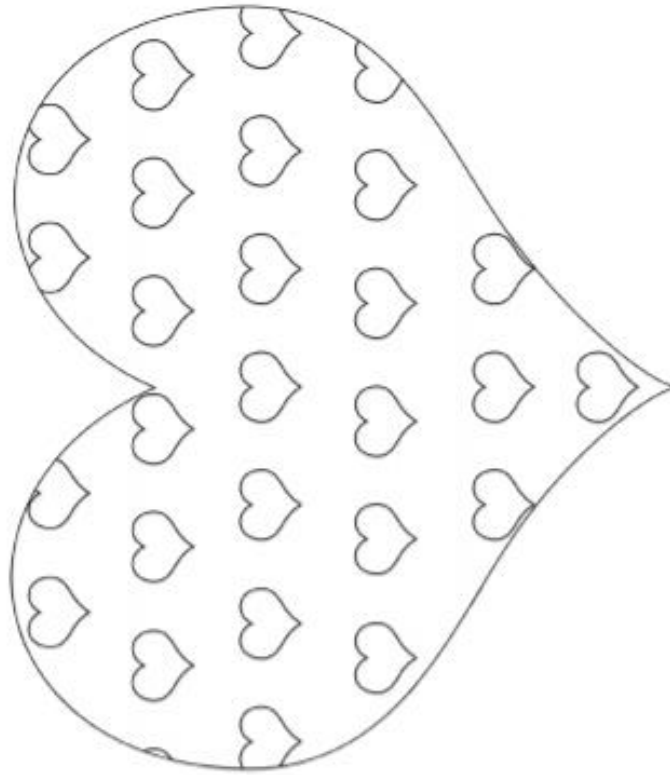


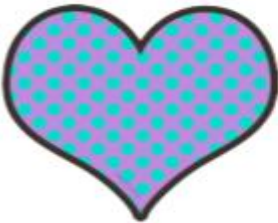
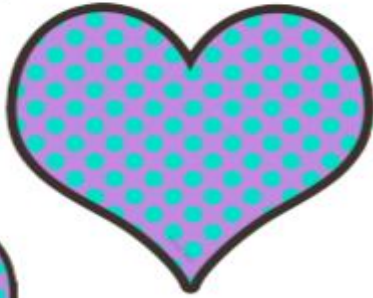
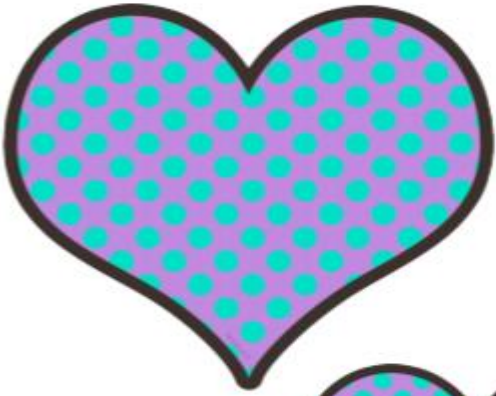
- 1) Cut
- 2) Valley Fold
- 3) Hill Fold





Happy
Valentine's Day!



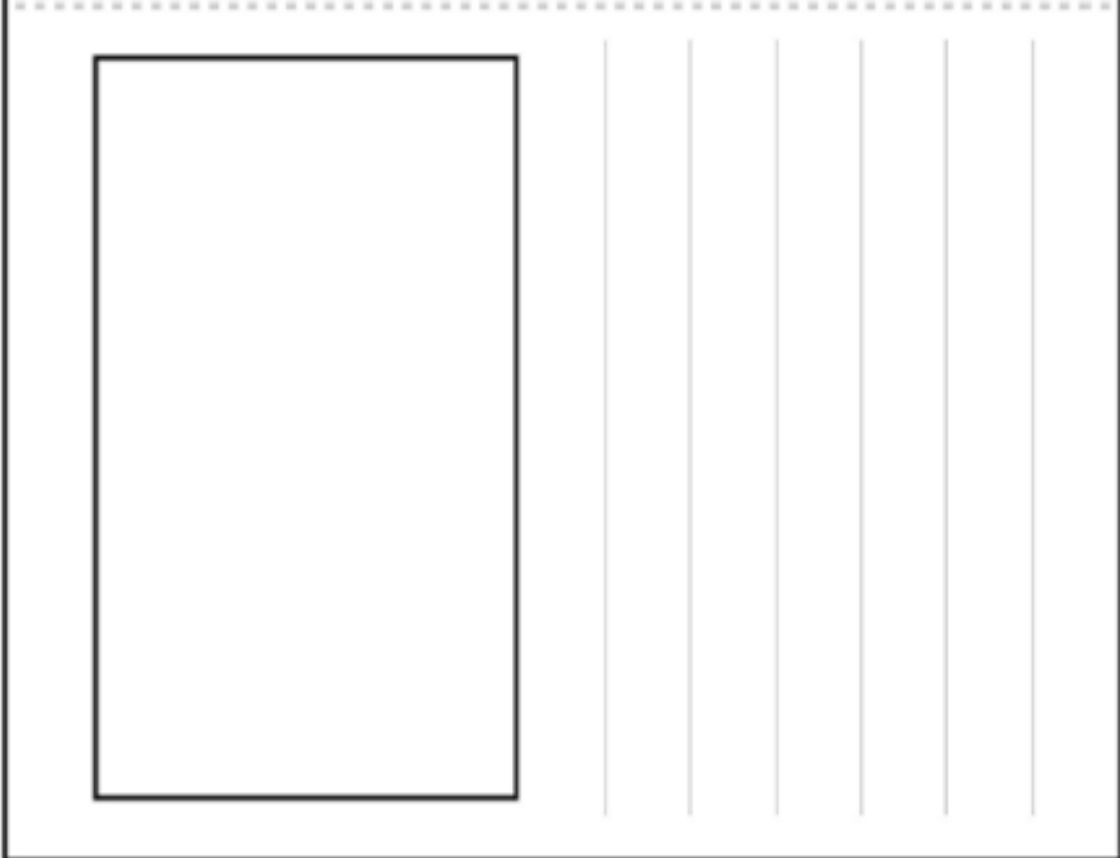


Day 5 English:



A large rectangular box with a solid black border, containing ten vertical lines for writing. The box is positioned in the upper half of the page.

Inside



A large rectangular box with a solid black border, containing a smaller empty box on the left and ten vertical lines on the right. The box is positioned in the lower half of the page.

Inside

Day 5 Maths:

Can you cut and stick the numbers in the right order and count in 10s?

Name _____

Froggy School























Count by 10s

Directions: Cut and paste then numbers in the correct order. Color the pictures.

| | | | | |
|----|----|----|-----|----|
| 10 | 50 | 70 | 20 | 80 |
| 60 | 90 | 30 | 100 | 40 |

Additional resources:

Digraphs Sounds Mat

| | | | | | | | |
|--|---|--|--|--|---|---|---|
| ay  | ou  | ie  | ea  | oy  | ir  | ue  | ue  |
| aw  | wh  | ph  | ew  | ew  | oe  | au  | ey  |
| a-e  | e-e*  | i-e  | o-e  | u-e  | u-e  | | |

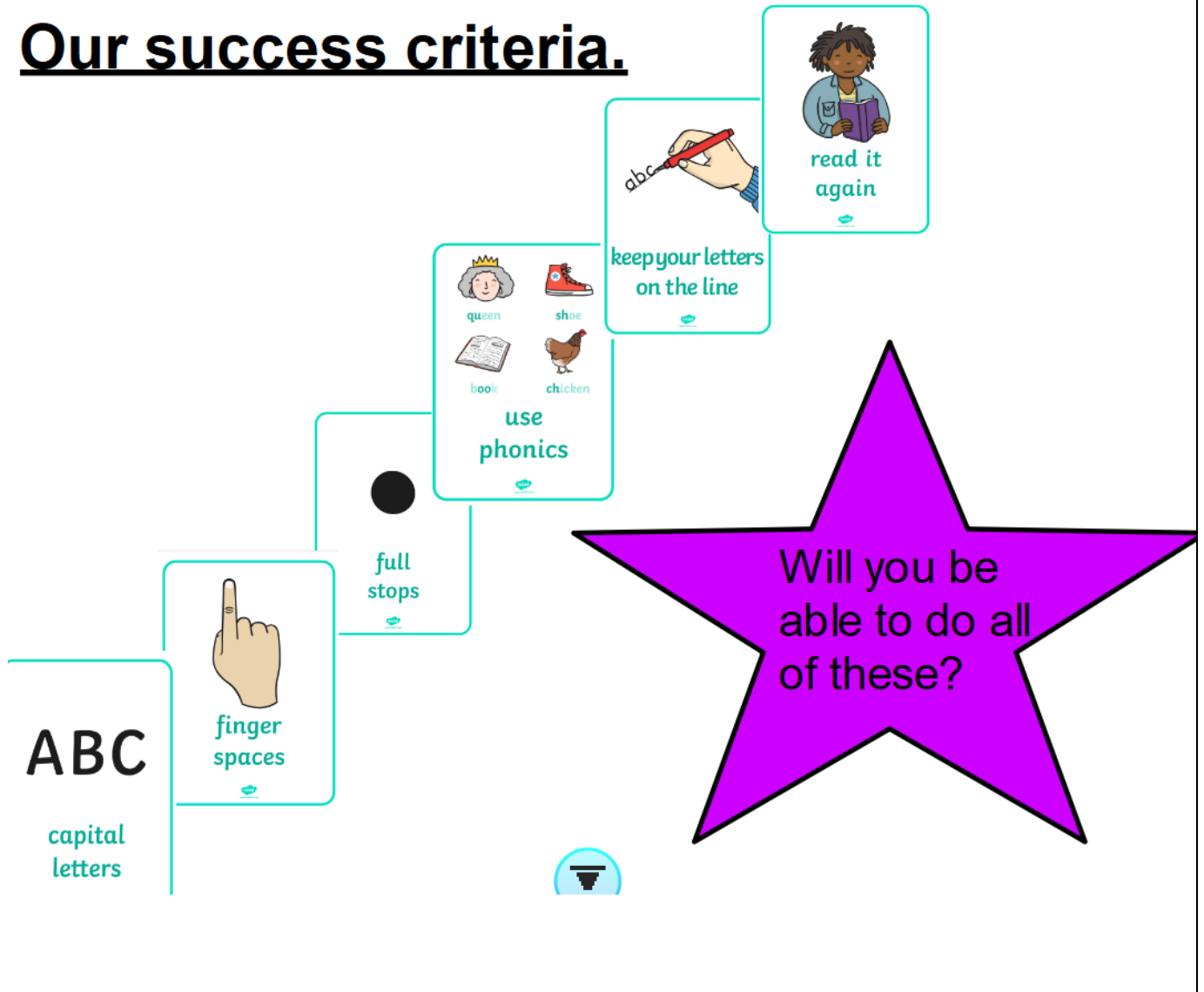
*even



| | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 |
| 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | 50 |
| 51 | 52 | 53 | 54 | 55 | 56 | 57 | 58 | 59 | 60 |
| 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70 |
| 71 | 72 | 73 | 74 | 75 | 76 | 77 | 78 | 79 | 80 |
| 81 | 82 | 83 | 84 | 85 | 86 | 87 | 88 | 89 | 90 |
| 91 | 92 | 93 | 94 | 95 | 96 | 97 | 98 | 99 | 100 |



Our success criteria.



ABC

capital letters

finger spaces

full stops

use phonics


keep your letters on the line

read it again

Will you be able to do all of these?


Old Bear Communication board:

jump



A simple stick figure is shown in mid-air, jumping over a horizontal line that represents the ground. Three short vertical lines below the ground line indicate the height of the jump.

bricks




A single red brick is shown at an angle, with several smaller red bricks visible on its top surface.

Old Bear




A close-up photograph of a white teddy bear's face, looking slightly to the right.

climb




A stick figure is shown climbing a brown tree trunk. The figure's hands and feet are gripping the trunk, and green leaves are visible on the right side of the tree.

plant




A green plant with several long, pointed leaves is growing out of an orange pot.

Duck



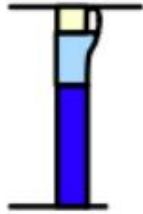
A photograph of a yellow duck with an orange beak and feet, sitting on a white surface.

handkerchief




A white, folded handkerchief is shown against a white background.

bed




A simple illustration of a bed with a blue headboard and footboard, and a blue mattress.

Rabbit



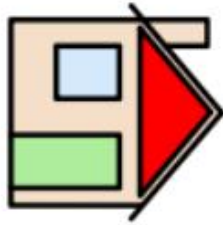
A photograph of a white rabbit's head and shoulders, looking towards the camera.

happy




A simple cartoon face with a wide, open-mouthed smile and squinted eyes, indicating happiness.

attic




A simple illustration of a house with a red roof, a blue window, and a green door. The roof is shown at an angle to represent an attic.

Little Bear




A photograph of a small brown teddy bear wearing a red shirt, sitting on a white surface.

sad



A simple cartoon face with a downturned mouth and slanted, downward-pointing eyes, indicating sadness.

aeroplane



A simple illustration of a white aeroplane with a blue and red tail, flying to the right.

Bramwell Brown



A photograph of a brown teddy bear's head and shoulders, looking towards the camera.

PE:

**Personal Challenge
Score Card**

Name: _____

Class: _____

HOUSE COLOUR: _____

1. LEG BALANCE

Balance on 1 leg and time how long you can balance for. Stop the time when your other foot touches the floor.

Time how long you can balance on your left leg and on your right leg.

Try from a seated position

Can you hold your balance with your eyes closed?

One leg Balance

LEFT RIGHT



How long can you balance?

2. Arm Holds

Raise one arm and time how long you can hold it for. Stop the time when you put your arm down.

Time how long you can raise your left arm and on your right arm.

Is it easier to hold your arm to the side or out in front?

Can you hold something like your water bottle whilst holding your arm out?

Arm Holds

LEFT RIGHT



How long you can hold your arm in the air?

3. Sock Throw

Find a target, for example a piece of paper or bucket, choose how many steps you would like to throw from and see how many times can you throw your ball of socks into the bucket, collect, return and throw again in 1 minute.

Try placing your target closer to you

Try aiming for a smaller target

Sock Throw



How many can you do in 1 minute?

4. Clap and Catch

Throw your ball of socks into the air and see how many times you can clap before you catch them. You will get 1 point for every clap you do - remember you have to catch the socks to score!

Throw your socks and see how many times you can clap or tap your leg before the socks land on the floor.

Can you clap and then catch with one hand?

Clap and Catch



What is your highest number of claps?

5. Speed jumping

Place your ball of socks on the floor and see how many times you can jump over them and back in 1 minute!

Give yourself 1 point for every jump!

Try stepping over the socks

Can you keep going without stopping for 1 minute?

Speed Jump



How many can you do in 1 minute?

6. Star Jumps

How many star jumps can you do in 2 minutes? Remember to pace yourself. If 2 minutes is too long then try 1 minute to start with.

Try lifting your arms up and down from a seated position

Can you keep going without stopping?

Star Jumps



How many in 1 minute?

7. Agility

Jog on the spot and get 1 point for each minute you can do without stopping.

Remember to pace yourself! Swing your arms in your chair and 1 point for each minute you do without stopping.

Lay out your socks apart from each other, eg. 10 steps apart

How many times can you run and touch each sock in 2 minutes? Get 1 point every time you touch a sock, how many points can you get?

AGILITY



How many laps or minutes did you complete?

CREATE YOUR OWN CHALLENGE

Can you create your own challenge that helps with...



- Balance
- Co-ordination
- Jumping
- Running

Throwing or Catching?

ALWAYS MAKE SURE YOU CARRY OUT ALL CHALLENGES IN A SAFE WAY!

PERSEVERANCE – How many or how long you can do a challenge without giving up?

ASPIRATION – Can you aspire to achieve these targets? Can you Aspire to do more?

RESPECT – Remember to respect your body, only do what you can!

TEAMWORK – Can you work with someone you live with and help each other?

How have the School Values helped you?

Write here how each value helped you with your personal best



Empty rounded rectangular box for writing.



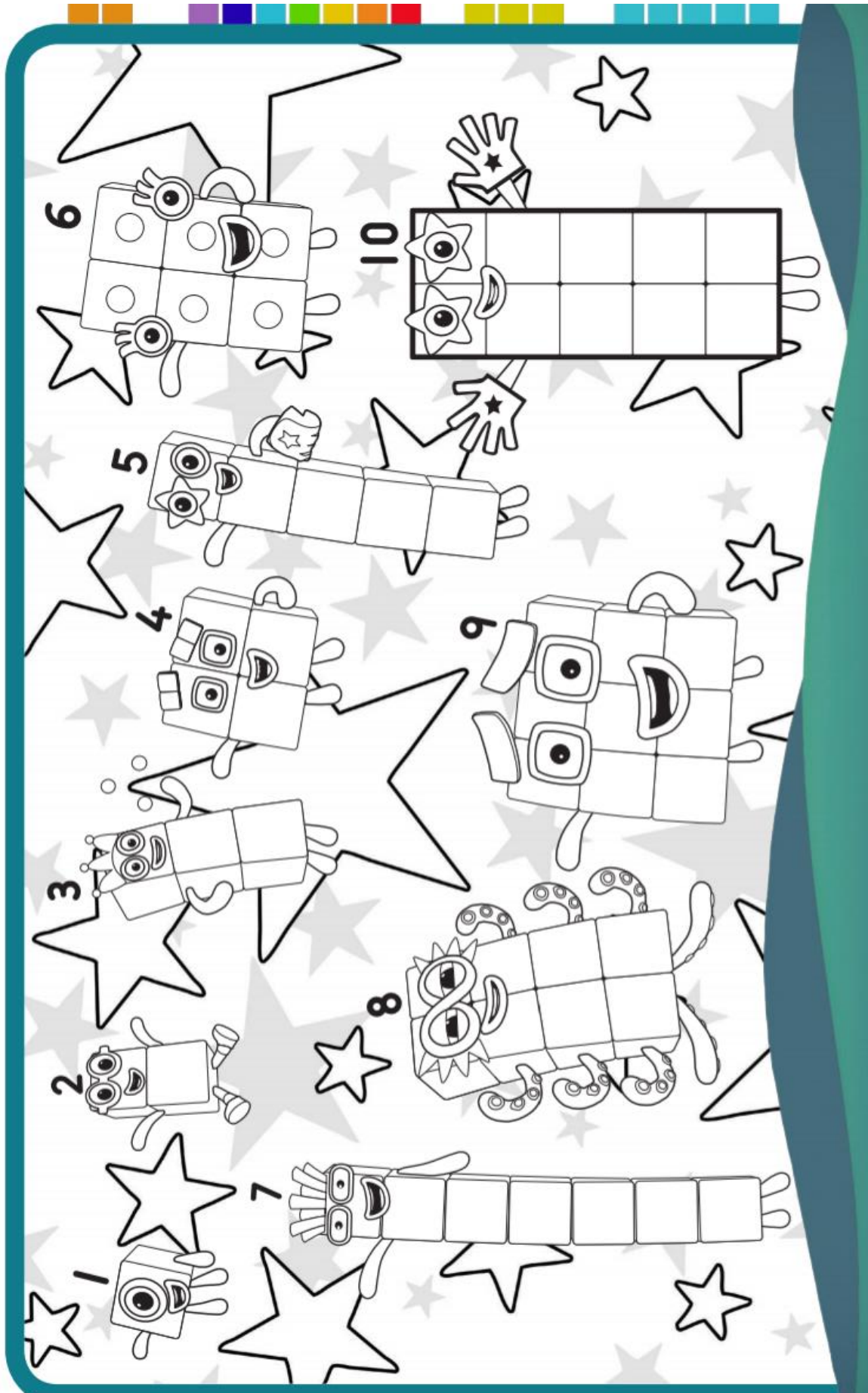
Empty rounded rectangular box for writing.

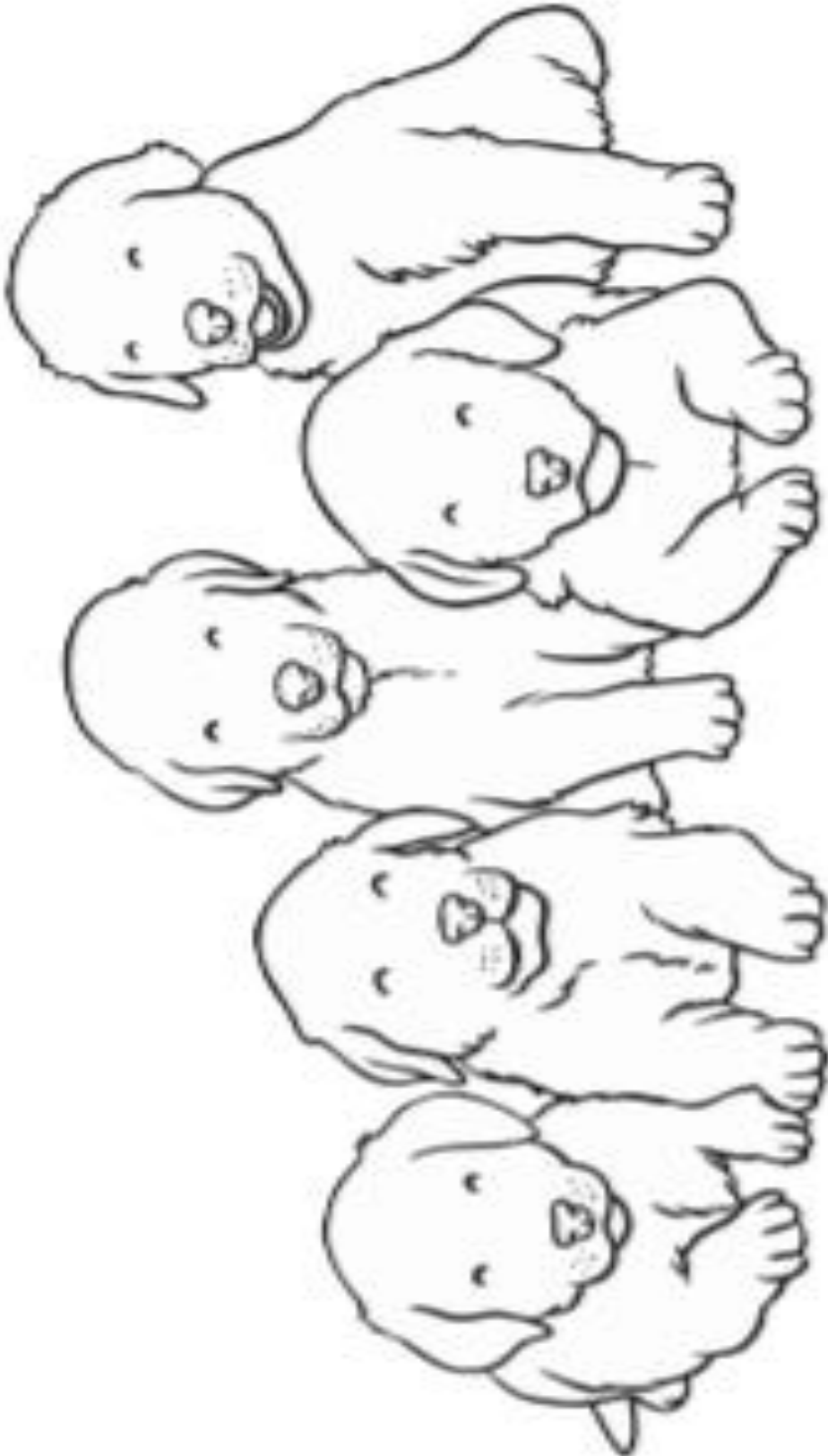


Empty rounded rectangular box for writing.



Empty rounded rectangular box for writing.











mountain pose



flamingo pose



butterfly pose



elephant pose



warrior pose



cow pose



shoulder stand pose



downward facing dog pose

Home Learning Resources for Year 1



tree pose



cobra pose



camel pose



lion pose

Gross Motor Roll and Exercise

