



Parent/ carer workshops

Understanding your Child's Behaviour

**Garlinge Primary School
in the ICT Suite-KS2 door
Thursday 1st February**

**Tea and coffee served from 9am
Workshop from 9.15am– 11.15am**

The Emotional Wellbeing Team invites you to a workshop focusing on understanding your child's behaviour.

We will be exploring why children exhibit certain behaviours, strategies for managing behaviour, emotional-regulation strategies for children and parent self-care.

**Any questions, please see Ali Gillatt (FLO)
or Sarah Mansfield (SGO)**

We look forward to seeing you there!

