



Thanet Family Hubs Timetable

1st September - 12th December 2025

Our Family Hubs:

Newlands

03000 411042

Dumpton Lane
Ramsgate
CT11 7AJ

NewlandsFH@kent.gov.uk

Priory

03000 411041

Cannon Road
Ramsgate
CT11 9SQ

PrioryFH@kent.gov.uk

All of our groups
and services are
free to attend.

Monday

Tuesday

Wednesday

Thursday

Friday

Newlands

Midwife Clinic
All day
By appointment only

**Development
Reviews**
9am - 4pm
By appointment only

**Stay and Play
Young Parents**
9.30am - 11am
Drop in
1st & 3rd Tue of month

Family First Aid
1pm - 3pm
Booking Required
28th Oct

**Parenting Support
Advice**
9.30am - 11.30am
Drop in
1st Tue of month

**Development
Reviews**
9am - 4pm
By appointment only

Baby Steps
10am - 11am
Drop in

Talking Walk-ins
9.30am - 11.30am
Drop in
2nd & 4th of the month

Stay and Play
1pm - 2.30pm
Drop in

Baby, Family & You
10am - 12pm
Booking Required
29th Jan - 19th Feb

**Managing Behaviour
Strategies**
9.30am - 11.30pm
Booking Required
12th Dec

Priory

Healthy Child Clinic
9.30am - 11am
Drop in

**Infant Feeding
Support Group**
1pm - 3pm
Drop in

Baby Playground
10.30am - 11.30am
Booking Required
30th Sept - 25th Nov

Introducing Solids
1.30pm - 2.30pm
Booking Required
25th November

**Sexual Health
Drop-in**
3.30pm - 5.30pm
**Last Tues of the
month**

Midwife Clinic
All day
By appointment only

**Infant Feeding
Support**
All day
Invite only

**Strengthening
Families**
11am - 1pm
Booking Required
26th Nov

Midwife Clinic
All day
By appointment only

Communication Tree
10am - 11am
Referral Only
11th Sept - 16th Oct

Little Talkers
10am - 11am
Booking Required
6th Nov - 11th Dec

Stay and Play
9.30am - 11am
Drop in

**Managing Behaviour
Strategies**
12.30pm - 2.30pm
Booking Required
31st Oct & 27th Feb



Thanet Family Hubs

Timetable

1st September - 12th December 2025

Our Family Hubs:

Newington

03000 411043

Princess Margaret Ave
Ramsgate
CT12 6HX

NewingtonFH@kent.gov.uk

All of our groups
and services are
free to attend.

Monday

Talking Walk-ins

9.30am - 11.30am

Drop in

1st & 3rd Mon of mnth

Baby Cafe

1.00pm - 1.30pm

Drop in

Baby Steps

1.30pm - 2.30pm

Drop in

Development

Reviews

9am - 4pm

By appointment only

Tuesday

Cost of Living

9am - 12pm

Booking Required

Fortnightly

Stay and Play

9.30am - 11am

Drop in

Healthy Child Clinic

1pm - 2.45pm

Drop in

Baby Playground

1.30pm - 2.30pm

Booking Required

Wednesday

Midwife Clinic

All day

By appointment only

One You Lifestyles

9.30am - 4pm

By appointment only

COMPASS 12 years +

5pm - 6.30pm

Booking Required

8th Oct - 17th Dec

Family First Aid

9.30am - 11.30am

Booking Required

29th Oct

Thursday

Stay and Play

SEND

9.30am - 11am

Booking Required

One You Weight Loss

Programme

1.30pm - 2.30pm

By appointment only

Midwife Clinic

All day

By appointment only

Little Talkers

1pm - 2pm

Booking Required

13th Nov - 11th Dec

Friday

Infant Feeding

Support

All day

Invite only

Midwife Clinic

All day

By appointment only

Supporting Your

Childs Anxiety

10am - 12pm

Booking Required

7th Nov

Managing Sleep

10am - 12pm

Booking Required

14th Nov

Autism Awareness

10am - 12pm

Booking Required

21st Nov - 12th Dec

Sensory Room

Book our free sensory room for a 1 hour slot.

Tuesdays, Wednesdays or Fridays,

9.30am, 11am or 1.30pm .

NEW Tuesday afternoon slot, 3.30pm - 4.15pm

Saturday

Stay and Play

Dad's Group

10am - 11am

Drop in

First Sat of mnth



Thanet Family Hubs

Timetable

1st September - 12th December 2025

Our Family Hubs:

Birchington

03000 411210

Park Lane
Birchington
CT7 0AS

BirchingtonFH@kent.gov.uk

Margate

03000 411666

201 High Street
Margate
CT9 1WH

MargateFH@kent.gov.uk

All of our groups
and services are
free to attend.

Monday

Tuesday

Wednesday

Thursday

Friday

Birchington

Midwife Clinic
All day
By appointment only

**Stay and Play
Messy Play**
10am - 11am
Booking Required

**Development
Reviews**
9am - 12pm
By appointment only

**Infant Feeding
Support**
9am - 2pm
Invite only

Baby, Family & You
12.30pm - 2.30pm
Booking Required
1st - 22nd Oct

Spooky Crafts
10am - 11.30am
Booking Required
22nd Oct

Family First Aid
9.30am - 11.30am
Booking Required
12th Nov

**Strengthening
Families**
10am - 12pm
Booking Required
16th Oct

Healthy Child Clinic
9.30am - 11.30am
Booking Required
03000 134740

Midwife Clinic
All day
By appointment only

Little Bookworms
1pm - 2pm
Drop in
28th Nov - 12th Dec

Margate

**Development
Reviews**
9am - 12pm
By appointment only

Cost of Living
1pm - 4pm
Booking Required

Baby Steps
1.30pm - 2.30pm
Drop in
Starting 27th Oct

**Parenting Support
Advice**
9.30am - 11.30am
Drop in
Last Tue of month

Talking Walk-ins
9.30am - 11.30am
Drop in
3rd Tues of the month

Little Bookworms
1pm - 2pm
Drop in
28th Oct - 11th Nov

**Infant Feeding
Support Group**
9.30am - 11.30am
Drop in

Stay and Play SEND
9.30am - 11am
Booking Required

**Managing Behaviour
Strategies**
9.30am - 11.3am
Booking Required
24th Sept & 28th Jan

Stay and Play
9.30am - 11am
Drop in
Starting 30th Oct

**Stay and Play
Young Parents**
1pm - 2.30pm
Drop in
2nd & 4th Thurs of month
Starting 30th Oct

Sensory Room
Book our free sensory room for a 1 hour slot.
Mondays - Fridays, 9.30am, 11am or 1.30pm
NEW Tuesday afternoon slot, 3.30pm - 4.15pm



Thanet Family Hubs

Timetable

1st September - 12th December 2025

Our Family Hubs:

Northdown Road

03000 414363

**Zion Place
Margate
CT9 1RP**

NorthdownRoadFH@kent.gov.uk

All of our groups
and services are
free to attend.

Monday

Tuesday

Wednesday

Thursday

Friday

Northdown Road

Talking Walk-ins

9.30am - 11.30am

Drop in

2nd & 4th Mon of mnth

Infant Feeding Cafe

12pm - 1.30pm

Drop in

Last Mon of Month

Young Lives Foundation

7 - 10 Years Old

4.30pm - 5.45pm

Referral only

Young Lives Foundation

11 - 17 Years Old

6.30pm - 8.15pm

Referral only

Midwife Clinic

All day

By appointment only

Baby Steps

10am - 11am

Drop in

Stepping Up 5 - 10 yrs

3.30pm - 5pm

Booking Required

28th Oct - 2nd Dec

COMPASS 12 years +

5pm - 6.30pm

Booking Required

7th Oct - 16th Dec

Stay and Play

1pm - 2.30pm

Drop in

Healthy Child Clinic

9.30am - 11.15am

Drop in

**United Mothers,
Family Group**

9.30am - 11am

Invite only

Thanet Lionesses

Basketball

7 - 11 year olds

4pm - 5pm

Drop in

Thanet Lionesses

Girls Basketball

12 - 16 year olds

5pm - 6pm

Drop in

**Yo Streetzone
Community Street
Football 11 - 16**

years old

7.30pm - 9.30pm

Drop in

Baby, Family & You

9.30am - 11.30am

Booking Required

21st Nov - 12th Dec

Community Pantry

Our Community Pantry makes the cost of living a little easier! Sign up for either a family or single membership and receive groceries each week at our Northdown Road Family Hub. Our service will provide you with either 10 or 20 products, depending on the membership type you choose. We aim to provide you with a wide selection of fresh fruit, veg, bakery products, dairy, meat, hygiene and non-food products subject to availability.

This is an amazing service and membership starts from as little as £17 a month!

Contact your local Family Hub to sign up.



Thanet Family Hubs

Timetable

1st September - 12th December 2025

Our Family Hubs:

Cliftonville

03000 421129

26 St Pauls Road
Cliftonville, Margate
CT9 2DB

CliftonvilleFH@kent.gov.uk

All of our groups
and services are
free to attend.

Monday

Tuesday

Wednesday

Thursday

Friday

Cliftonville

Introducing Solids

10.30am - 11.30am

Booking Required

29th Sept & 20th Oct

Communication Tree

1pm - 2pm

Referral Only

8th Sept - 13th Oct

Little Talkers

1pm - 2pm

Booking Required

3rd Nov - 8th Dec

Supporting Your Childs Anxiety

9.30am - 11.30am

Booking Required

16th Sept

Managing Sleep

9.30am - 11.30am

Booking Required

28th Oct

Strengthening Families

10am - 12pm

Booking Required

13th Jan

United Mothers Wellbeing Group

12.30pm - 2.30pm

Invite only

Starting 29th Oct

Managing Behaviour Strategies

9.30am - 11.30am

Booking Required

26th Nov

Sensory Room for Under 1's

Book our free sensory room for a
1 hour slot

Mondays & Tuesdays,

9.30am, 11am or 1.30pm

Outreach Venues

Millmead Community Centre

Healthy Child Clinic

9.30am - 11.30am

Drop in

Wednesdays

Broadstairs Library

Saturday Chill and Chat

10am - 12pm

Drop in

6th & 27th Sept, 25th Oct, 29th Nov

Turner Contemporary

Turnips 0 - 5

10.30am - 11.30am

Booking Required Online

Thursday 25th Sept & 30th Oct

Turner Contemporary

Tiny Turnips 0 - 2

10.30am - 11.30am

Booking Required Online

Friday 5th & 19th Sept, 3rd & 17th Oct

Powell Cotton Museum

Lions

11am - 2pm

Drop in

Friday 19th September

Powell Cotton Museum

Gorillas

11am - 2pm

Drop in

Friday 10th October

Sports Connect 11 - 17 yrs old

Dane Park Margate

3.30pm - 5pm

Drop in

Mondays

Sports Connect 11 - 17 yrs old

Ramsgate High Street

2.30pm - 4.30pm

Drop in

Wednesdays

Information



Baby, Family and You

A 4-week course, for expectant parents and those with babies under 12 months. Giving you practical strategies to create the best environment for your baby's development and feel more confident on your parenting journey.

Booking Required

Birth -
12
mnts

Baby Cafe

We would love you and your baby to join us for a cuppa and a chat at our Baby Steps Cafe. Relax and meet other parents and let your baby enjoy our tummy time area.

Drop in - Term Time Only

8 weeks
to
6 mnts

Baby Massage

Baby Massage enables you to learn about and respond to your baby's body language. It is also a wonderful way to make your baby feel safe and secure.

5 week course- Booking required

Birth -
18
mnts

Baby Playground

Join the Playground team for an engaging sensory journey, creating a magical experience for you to share with your baby.

**Booking Required -
Term Time Only**

Birth -
12
mnts

Baby Steps

Our Baby Steps groups provide the perfect space for your baby to explore and develop with our wide range of themed baby friendly activities. Watch them learn and grow through tummy time, sensory play and songs and save the memories for a lifetime.

Drop in - Term Time Only

0 - 2
yrs old

Chill and Chat

Join us for a free, relaxed and friendly Saturday drop-in session. Bring your little ones along and make new friends!

For expectant families and those with children under 2 years.

Drop in

2 - 5
yrs old

Communication Tree

A 6 week course for parents/carers with their children, being gaining useful knowledge around the different types of communication and how they can support and develop this.

Referral only, speak to a professional who knows your child.

Cost of Living

Get help to support you with the rising costs you might be facing. Meet with one of the friendly advisors and see what help is available for your family.

Booking required by emailing
ThanetFHEvents@kent.gov.uk

12 yrs +

COMPASS

Young people can attend a 10 week programme, to be supported to learn a DBT based therapy toolkit for life, around building resilience and communication. Using a variety of different activities to support.

Booking required

Family Learning Autism Awareness / Supporting Anxiety

Join our 5 week course where you can gain tips so help support your child's anxiety and gain awareness around autism, including tips and strategies you can use at home.

(Babies under 6 months can attend the session with parent/carer.)

Call 03000 411210 to book

Family Learning Family First Aid

Join our one off workshop designed to equip you with life saving skills including the recovery position, choking techniques and looking at basic CPR.

(Babies under 6 months can attend the session with parent/carer.)

Call 03000 411210 to book

Family Learning Managing Sleep

Join our one off workshop designed to explore various barriers to bedtime and look at healthy sleep habits, strategies and techniques to promote better sleep for both children and parents.

(Babies under 6 months can attend the session with parent/carer.)

Call 03000 411210 to book

@ThanetFamilyHubs



@Thanet_Family_Hubs



@Thanet_Family_Hubs_11_to_19



www.kent.gov.uk/familyhub

Family Hub Sites are run
by Kent County Council

More Information



Healthy Child Clinics & Infant Feeding Support Groups

See the Health Visiting Team who offer health, advice and guidance, including support with infant feeding. For children under 5. If booking required, call Health Visitor Duty Line on 03000 134740, option 1.

Birchington clinic requires booking by calling 03000 134740

5 - 8 months old

Introducing Solids

A one-off session, suitable for babies from 5 - 8 months old. Run by the Health Visiting Team, this is your chance to learn tips on how to introduce your baby to solid foods.

Booking Required

2 - 4 yrs old

Little Talkers

A course for parents/carers to learn new techniques and useful hints and tips for developing your child's speech, involving fun activities and turn taking.

Booking Required

1 - 4 yrs old

Little Bookworms

Step into the magical world of books! Each week is themed around a well-loved story with lots of exciting activities for you and your little one to explore.

A FREE Book Start pack is given to every child who attends all three sessions.

Drop in

Managing Behaviour Strategies

Join a one off, adult only session where we can explore behaviours and strategies in an informal and friendly group.

Leave feeling more informed and confident with techniques you can use right away!

Booking Required

Under 5's

Online Book Club

Get your little one reading with Family Hubs!

Join us as we explore a different book each month. We encourage you to share your thoughts on our social media pages.

Monthly

0 - 5 yrs old

Powell Cotton Museum Lions / Gorillas

Join us in the museum for two fun themed sessions, with arts and crafts, story time and themed play activities.

Pick up your free Powell Cotton Card from your local family hub to get discounted entry.

Drop in

Sexual Health Drop-in

Come along and meet Gilly, our friendly Sexual Health Nurse where you can receive support with pregnancy, contraception (including emergency contraception) or Sexually Transmitted Infections and advice on other clinics and services?

Drop in - Last Tuesday of the month

11 yrs +

Sports Connect Free Sports Sessions

Join Sports Connect in the local community for some free, fun sports sessions running outdoors, weather dependent. For young people 11 years old +.

Contact info@sportsconnect.uk

Drop in

0 - 5 yrs old

Stay and Play

Children love to play!

Our Stay and Play groups are the perfect place for you and your children to explore different activities and socialise with other families in a relaxed and safe environment.

Drop in - Term Time Only

0 - 5 yrs old

Stay and Play Dads Group

A stay and play group for male carers with children aged birth - 5 years (older siblings welcome too). The chance to meet other families, meet other dads and participate in fun activities with your children.

Drop in - First Saturday of each month
(excluding January)

6 mths - 5 yrs

Stay and Play Messy Play

Explore the world with your senses and introduce your little one to fun, creative and sensory experiences through edible messy play. With a focus on different themes.

Resources will be dairy free and vegetarian friendly. If you have any other allergies please speak to a member of our team.

Booking Required - Term Time Only

@ThanetFamilyHubs



@Thanet_Family_Hubs



@Thanet_Family_Hubs_11_to_19



www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council

More Information



Under 5's

Stay and Play SEND

A welcoming, informal, non-judgemental environment where you and your child can access activities available to support a wide range of needs, with on-the-spot support.

Suitable for families with SEND needs.

Booking required - Term Time Only

0 - 5 yrs old

Stay and Play Young Parents

A support group for parents and parents-to-be up **to the age of 19**. Creative and fun sessions with information, advice and an opportunity to make new friends.

Drop in - Term Time Only

5 - 10 yrs old

Stepping Up

6 week, activity based course to encourage and support children aged 5 - 10 (school years 1 - 5) with confidence, socialisation and managing in a group. This group focuses on emotion regulation, managing and understanding our emotions and feelings and how we can help ourselves.

Booking Required - Term Time Only

Talking Walk-ins

Concerned about your pre-school child's speech, language or communication skills? Talking Walk-ins are play-based drop-in sessions where you can speak to a speech and language therapist or other staff.

Each session has a maximum number dependent on staffing. If when you arrive the session has reached capacity, we will provide you dates of the next sessions.

Drop in

Strengthening Families

Take part in a supportive workshop designed to help parents reduce conflict and build healthier family dynamics and learn how to recognise and understand different levels of conflict.

Book via the QR code



Thanet Lionesses Basketball

Primary session for children aged 7 - 11 yrs.
5 - 6pm 12 - 16 yrs, girls only session.

Suitable clothing: leggings, shorts, joggers, T-shirt and trainers.

Contact Thanetlionesses@gmail.com for more information.

Drop in

The Infant Feeding Cafe

Drop in and join us for our monthly infant feeding cafe to meet other parents and receive support and advice.

Last Monday of each month

Tiny Turnips / Turnips

Join in with a free morning of creative fun, exploring a range of materials and activities to engage and learn with your baby/child.

Tiny Turnips 0 - 2 years / Turnips 0 - 5 years

Book by visiting

www.turnercontemporary.org/turnips

The Parenting Support Advice Drop-ins

Are you looking for advice or guidance on managing your child's behaviour? Maybe you're worried about your teenager and need to speak to someone for some tips? Our new sessions give parents and carers the chance to meet with one of our Family Hub Team and get simple suggestions to try at home.

Drop in

United Mothers & United Mothers Wellbeing

This ESOL group supports women to improve their English in a supportive environment with a tutor with lived experience of moving to the UK.

For more info, call 07516 552928 or email admin@beyondthepage.org.uk

Invite Only

Young Lives Foundation

YLF Legends Programme provides a fun, supportive & safe setting for young people to engage in new, exciting opportunities and experiences. Group activities can help support young people with emotional wellbeing and resilience building.

Referral Only - Email

youthprogrammes@ylf.org.uk

11 - 16 years

Yo Streetzone Community Street Football

5 a side football for 11 - 16 year olds. YO Streetzone specialise in the art of street football - skills, ball control, freestyle and panna.

Drop in

New Booking App

Book your place now through our website -



<https://www.kent.gov.uk/education-and-children/kent-family-hub/your-local-family-hub>

Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door:



Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

To check eligibility and how to apply:



Useful Contacts:

Health Visitor
03000 134740

Midwife
EKHUFT.ThanetMid
wives@nhs.net

Please Note:

For Health and Safety reasons, there are room capacity limits in place. Unfortunately we may have limit numbers.

For more information about opening times and booking, give your friendly local hub a call