



Garlinge Primary School and Nursery

invite you to a Parent and Carer
Workshop

Understanding ADHD in Children

31st March 2025

9am-11am

Do you have **questions about ADHD**? Maybe your child has **received a diagnosis**.
Would you like to come and **meet with other parents and carers** and learn about
ways to **support your child**?

You are invited to a workshop about understanding symptoms of ADHD. We also
discuss helpful strategies that you can use at home to help support your child

Come and join the Emotional Wellbeing Team for this informal workshop and a
coffee.

To book a space on this workshop please contact the Inclusion Admin team on
01843 222 551 or email inclusionadmin@garlinge.kent.sch.uk

**We look forward to meeting
you!**

